holiday SHOW
November 11, 12 & 13

Radcliffe Jewelers
1848 Reisterstown Road
410.484.2900
Friday, November 11 from 4pm to 9pm
Saturday, November 12 from 11am to 6:30pm
Sunday, November 13 from noon to 5pm

Towson Town Center
410.321.6590
Friday, November 11 from 4pm to 9pm
Saturday, November 12 from 11am to 8pm
Sunday, November 13 from noon to 5pm

visit radcliffejewelers.com for featured designers
THE FOOD MARKET
THE AVENUE | Hampden
THE FOOD MARKET
1017 W 36th St
410.366.0606
thefoodmarketbaltimore.com

CRAFTED WITH LOVE

La Food Marketa
2620 Quarry Lake Dr
410.415.0606
lafoodmarketa.com

SPORT IS A PRINCIPLE,
NOT A PACKAGE.

THE BMW 3 SERIES.

What separates one campaign from another is the appreciation of the connections between man and machine. At BMW, we engineer all of our vehicles with performance at the forefront. So in the 3 Series, you’ll find comfort seats, enhanced suspension, and steering for even more control of the road, and a 6-speed automatic STEPTRONIC transmission with paddle shifters — standard. Because if true sport performance isn’t given the highest consideration from the beginning, it’s an afterthought.

Special lease and finance offers will be available by Northwest BMW through BMW Financial Services.

Northwest BMW
9702 Reisterstown Rd, Owings Mills, MD 21117-4120
410-902-8700
www.NorthwestBMW.com

©2014 BMW of North America, LLC. The BMW name, model names and logo are registered trademarks.
‘Opportunity of a Lifetime’
The governor talks with Jmore about his recent trade mission to Israel.
By Peter Arnold

Jewish Museum’s Cook Off draws more than 100 chicken soup aficionados for a highly stirring occasion.
By Lisa Shifren

The Write Stuff
Recognized by the first lady, young poet Joey Reisberg has a passion for prose.
By Rafael Alvarez

Out of this World
Remembering the life and legacy of Ouija board innovator William Fuld.
By Deborah R. Weiner

The Eighteen
Talking with the community’s leading lights.
By Simone Eskin

Good for What Ales Ya
Union Craft takes beer brewing seriously.
By Laura Long

Music is my Source’
Catching up with Cris Jacobs, formerly of The Bridge
By Brett Kurpit

Features

In Every Jmore

10 From The Publisher
12 From The Editor
14 Opinions
48 International
49 National
56 Calendar
60 Fashion
62 Sports
64 Spirituality
68 Restaurant News
70 Food
74 Critter Corner
75 History
78 Arts & Culture
80 Fabulicious Profile
82 The Parting Shot

Contents

32 Slurp!
Jewish Museum’s Cook Off draws more than 100 chicken soup aficionados for a highly stirring occasion.
By Lisa Shifren

36 The Write Stuff
Recognized by the first lady, young poet Joey Reisberg has a passion for prose.
By Rafael Alvarez

38 ‘Opportunity of a Lifetime’
The governor talks with Jmore about his recent trade mission to Israel.
By Peter Arnold

38 The Eighteen
Talking with the community’s leading lights.
By Simone Eskin

60 Entrepreneurs

66 Out of this World
Remembering the life and legacy of Ouija board innovator William Fuld.
By Deborah R. Weiner

68 Restaurant News

70 Food

74 Critter Corner

75 History

78 Arts & Culture

80 Fabulicious Profile

82 The Parting Shot

100 Fashion

102 Sports

104 Spirituality

106 On The Cover Talking to 18 of the Greater Baltimore Jewish community’s Thought leaders and influencers.

108 A STYLE STUDIO
REAL CLOTHING FOR REAL WOMEN

Head to toe styling. Let our stylist wardrobe you and suggest new makeup techniques.

Specializing in Denim from size 25 to 34 (0 to 16)

CLOTHING...

DENIM BRANDS:
7For All Mankind, DL1961, JBrand, Mother, AG Jeans, Articles of Society, Citizens of Humanity, Hudson, Yoga Jeans

TOPS: Johnny Was, Wilt, Bailey 44, Ella Moss, Parker, Red 23, Three Dots, Amanda Uprichard

SWEATERS: Central Park West, 525 America, White and Warren, Margaret O’Leary, Lisa Todd and many more...

ACCESSORIES...

HANDBAGS... MZ Wallace, Botkier, Sondra Roberts, Gigi New York
JEWELRY... Chan Luu, Anna Beck, Zacasha, Millianna, Marilyn Schiff Jewelry, Monogramming service & monogram jewelry

COSMETICS... Ahava, Amazing Cosmetics, Alexandra Cosmetics

AND... introducing SHOES this season....Fly London and Seavees Sneakers

astylestudio.com | 410-484-1115
25 Hooks Lane Suite 110, Pikesville, MD, 21208
Store Hours: Mon, Tues, Wed, Thurs, Fri, & Sat 10 am-5 pm
Whether you’re buyin’ or sellin’ Call Robert Ellin
2 Saddlebrook Ln., Lutherville/Timonium
Extraordinary finishes in this gated community.
Razzy available. Built in 2006. 6 bedrooms, 6 Full
plus 2 half bathrooms. 8000+ finished square feet
on 1.5 acres. Of Greenspring Road just north of
beltway, close to downtown.
$1,999,000

4500 Chaucer Way, Unit 302, Owings Mills
Plenty of space in this 2 bedroom, 2 bathroom
corner unit condominium in Elevator building with
Kitchen/family room combo with large pantry
and balcony, enjoy your breakfast on the balco-
ny over looking woods, large Living Room Dining
Room perfect for entertaining family and friends,
secure building, gated parking lot, convenient to
795 and Wegmans.
$199,000

200 Slade Avenue, Pikesville
Wonderfully updated with TLC by long time
owner, 2 bedroom, 1 1/2 bathrooms, multi
tier rear deck with Tiki bar, side yard for the dog to
run, updated mechanics, roof and all, make this
your comfortable home and entertainment spot.
$199,000
Dear Readers,

Thanks for the wonderful reception that you have given to Jmore. Readers, community leaders, and advertisers have shown their eager support. Jmore was a hit at Super Sunday and Rosh Hashanah Under the Stars. In total, we distributed 18,000 copies. And yet, with all this early success, the magazine is a work in progress. We invite the suggestions, criticisms, and contributions of the readership. This is your magazine. In the next few editions, we will be adding family milestones – births, engagements, marriages, deaths, etc. This improvement was the number one suggestion received from the readership.

On another topic, I’ve been told that I should stay away from discussing national politics. So naturally, I find it important to make a few comments on the subject. Despite what certain politicians want to tell you, the U.S. is still a great country. Anyone who has traveled overseas will come back realizing there truly is no better place to live.

Great leaders, John F. Kennedy and Ronald Reagan, for example, knew that optimism from the top led to a stronger economy and a national sense of purpose. The constant negativism of our politicians is a contributing cause of our slow economy. Presidents need to be cheerleaders for greatness, not Complainers-in-Chief. Great leaders promote the great American ideals – personal freedom, equality, religious freedom, opportunity, civil rights, etc. The U.S. is stronger when we remember our roots as a nation willing to accept the “tired, the poor, the huddled masses.”

Demagogues try to claim power and control using fear, divisiveness, and scapegoating. As Jews, we should never forget what happens when demagogues come into power. If we ignore the voices of hate, one day those voices may turn their attention to us.

There are some who miss the days when white rich males ran this country. They often don’t even realize that’s what they miss. As Jews, we were never really part of that group. As immigrants, we worked hard, became educated, and amassed a bit of wealth. We’ve pushed our way, as a group, into a position of national influence. But let us not forget that when we protect the rights of minorities, women, Hispanics, Muslims, gay people, that we are setting the precedent for our nation to respect the rights of Jews.

The past few weeks in our presidential election process have been bizarre. While I am a Democrat and a strong supporter of liberal social causes, I have also raised money and supported Republicans who focused on economic issues, supported Israel, and stayed out of the muck of conservative social positions. Our current governor is a great example. I can understand folks who hate the Democratic party candidate. I get it. She is flawed and not particularly likeable. However, be aware that the political right has conducted a 20-year campaign to vilify her. She’s not as bad as they’d have you believe.

The Republican candidate is truly troubling. His behavior over the past year has included insults and mimicry of minorities, women, the handicapped, etc. He preaches hate. He talks about how terrible our country is. He brags about how he could order the military to act in ways that are illegal. Just this week, he proffered that he’d refuse to accept the election results if he lost. Those are the words of a usurper, not a leader of a democracy. The recent taped vulgarities and admission of sexual violence are unacceptable. He is a demagogue and dangerous.

I’m sure my choice is clear. Vote your conscience. Vote for civility and decency. Mostly, however, vote against the real danger of demagogues. No group should understand that slippery slope better than we do.

Sincerely,

Scott Rifkin, MD, Publisher
A good neshamah. I don’t use that term lightly or frequently. For those unfamiliar with the phrase, it means a good soul.

My dear friend and former colleague Barbara Pash was the quintessential good neshamah. She cared deeply about her family, friends and community. She wasn’t flashy or gratuitous about it; it was all in her actions.

For more than two decades, I had the honor of working side by side with Barbara, who passed away on Sept. 23.

Barb was the consummate community journalist. How many times did she burst into my office and say, “Alan, boy do I have a story for you!” She loved getting a big scoop. It was in her DNA. She loved telling readers about something they didn’t know, whether it was a controversial zoning issue or an upcoming development matter.

Barb always knew the devil was in the details. She wasn’t as interested in flowery prose as much as finding out what was going on and reporting it to the world.

That’s why she had the trust and collective ear of so many local politicians, community and business leaders and countless others. Everyone knew Barb and her byline. She was a no-nonsense, roll-up-your-sleeves reporter and editor, from the old school.

Don’t get me wrong. Barb and I had our ups and downs. How can you not when working closely for over 20 years? But there was a mutual respect and affection that always permeated our relationship and outlasted the years during which we worked together.

When I first started working with Barb, she was my go-to editor. She took me under her wing. When I was a cub reporter and an older colleague might take advantage of me in some respect, Barb would call me into her office, close the door and advise me to stand up for myself, in no uncertain terms.

She was a leader and mentor in the sense that she led by example. That’s how she inspired those around her. She wasn’t a diplomat or a master of political finesse, or someone given to pontificating. Barb was a straight shooter and a pragmatist.

Barb had that wonderful nervous energy that fuels many industrious people. But underneath it all, she cared deeply about people. One of my former colleagues once told me that when she went through a rough stretch, Barb was the one who constantly checked in with her and made sure to keep in touch. She looked out for her people, including me.

That kind of friend is rare in this life. And that’s why so many people are so heartbroken about losing Barb.

Barb had a strong work ethic that sometimes baffled folks. In recent years, she worked as a freelancer for a slew of local community publications, digital outlets and university magazines. Many people asked why someone who was at an age when most people are slowing down worked at such a feverish pace. Did she need the money? Was it an ego thing?

“I do this because this is who I am and this is what I do,” Barb told me. “No one’s going to tell me when I should retire and just sit in my garden. I’ll decide when I’ll sit in my garden.”

The last time I saw Barb, we sat in front of her house on a beautiful summer day. She wasn’t well, and she’d been through a lot. She had defied the odds and shocked the doctors by surviving months longer than anyone thought possible.

She was excited about the creation of Jmore and asked a bunch of questions about it. At one point, she lamented, “Oh, I wish I could help you guys out and write some articles for you.” That was classic Barbara Pash: committed, feisty and caring.

The world won’t see the likes of her again, and I feel blessed to have called her my dear friend and colleague for so long.

Warmly,

Alan Feiler, Editor-in-Chief
Coming Home

By Simone Ellin, Associate Editor

After 18 years of working in Baltimore’s Jewish community and 11 years living in the local Jewish epicenter, I left my job as a journalist for a Jewish publication about two years ago and moved out of Pikesville last December.

I was seeking a little anonymity, a new start after separating from my husband, a Pikesville native, and some space to strike out on my own with the founding of my new business, Simone Sez Writing and Communications.

I moved to a diverse, older neighborhood in Northeast Baltimore, closer to my son’s school, in walking distance from shopping and restaurants, and surrounded by mature trees, and a combination of funky, charming and stunning homes and gardens.

It was a change I relished. Yet after I had been in my new dwelling for a few months, I found myself missing some of the conveniences of my old neighborhood.

No longer could I just jump in the car and be at Target or Trader Joe’s in five minutes flat. Walking my dog and shopping at my local Giant, I rarely saw anyone I knew.

There was no need for lipstick or embarrassment over being caught outdoors in my pajamas. There weren’t impromptu conversations at Starbucks or inquiries about my family either.

Once in a while, I would hear from a friend at one of the agencies of The Associated, offering me a freelance assignment. Would I like to write an article for the Associated’s calendar or the Jewish Community Center program guide? Press materials for the Jewish Museum of Maryland?

You bet, I would.

When I dug into my assignments, I was impressed by what I learned through my research. There was such interesting, important and creative programming going on in the Jewish community.

In the process, I discovered that I missed covering Jewish events and happenings. I missed thinking about important questions of faith and Jewish culture. I missed being in a place (like “Cheers”) where everyone knew my name.

I missed my Jewish community!

So when my former colleague and good friend Alan Feiler asked me to coffee back in July to discuss the development of a new Jewish publication, I was all ears. When he said he was looking for an associate editor, I was bubbling over with enthusiasm.

Things seemed to take shape overnight. Within weeks, we were working side by side with Jmore’s terrific staff, some of whom were already known to us and some who were new to us. All were talented and all shared the same mission: to create a multi-media company that celebrates Jewish community and the Baltimore Jewish lifestyle in a sophisticated, intelligent, engaging, aesthetically beautiful and entertaining way.

It feels good to be back!
Empty Promises

By Michael Olesker

It’s nice to visit the old familiar places, as long as they don’t break your heart.

The other day, I drove along Park Heights Avenue, from the old Pimlico library at Garrison Avenue down to Park Circle, where we once found the amusement park rides and the sunlit swimming pool and the enchantment of a place called Carlin’s Park.

And all my eyes perceived — and not for the first time — was the utter devastation of a street once considered one of Baltimore’s grandest boulevards.

Why has Park Heights’ decline been so visible for so long — decades now — and no one in power has said: Enough!

During the past 40 years, I’ve asked one mayor after another — Schaefer, Schmoke, O’Malley, Dixon, Rawlings-Blake — what they were going to do about the deterioration on Park Heights, and one after another they’ve issued assurances: Yes, yes, we’re going to rehabilitate the whole area, just wait and see.

Well, we’re still waiting.

Over coffee at Cross Keys the other morning, Catherine Pugh, the presumptive incoming mayor of Baltimore, gave similar assurances. She talked about money earmarked in the past that’s been wasted. She talked about money currently earmarked — specifically, from new slot machine funds — and said better days were coming for Park Heights and the other Northwest Baltimore major corridors.

Here’s hoping her words are backed by a U.S.-backed jump-start of the Mideast peace process from either candidate. When it comes to this campaign, to coin a phrase, “It’s the economy, stupid.”

To put a twist on a Woody Allen quip, “Eighty percent of life is showing up; it’s what you do with the other 20 percent that matters.” In a presidential campaign more akin to a Lewis Carroll hallucination than the selection of a dangerous world’s most influential leader, that seems to make sense.

Viewed through the lens of the Jewish people, a vastly important inquiry comes to the fore: If a presidential candidate says good things about the Jewish state, does it really mean good things for Jerusalem?

In traditional Jewish fashion, there is both good and bad news on that front. Despite what some might prognosticate, there are pros and cons to each candidate on the Israeli front.

For starters, don’t hold your breath for a U.S.-backed jump-start of the Mideast peace process from either candidate. When it comes to this campaign, to coin a phrase, “It’s the economy, stupid.”

Only someone who enjoys self-performed brain surgery would make wading into the toxic waters of the Israel-Palestinian peace process a priority. Every U.S. administration since the first Nixon one has announced a “serious and sustained” effort at Arab-Israeli and/or “Israel-Palestinian” peace. While there have been important gains, the frustrations, violence and need for sustained focus make the task beyond the grasp of most politicians.

Sure, Donald Trump is the most bizarre political figure on the national scene since 2008 when candidate Cynthia McKinney defied the feds executed 5,000 males and dumped them in a Louisiana swamp. But give Trump credit. He did win the GOP nomination, and despite gaffes and mistakes, the possibility remains he will be the next one putting up his feet on the Oval Office’s Resolute desk.

In sentiment and words, Trump says he has Israel’s back. But what will a President Trump do? He will continue saying good things. He is likely to personally address the influential AIPAC annual policy conference in late March. He will schedule a trip to Israel.

Lucky Trump, he’s off the hook on funding Israeli requests. President Obama Prime Minister Binyamin Netanyahu, but she respects him as Israel’s democratically elected leader. Frankly, she knows she won’t get anywhere with him. So she will be hands off, appointing someone to be her “Peace Process Czar.” A key question: Will Bill Clinton be given the role, trying to secure his legacy by wrapping up the painfully incomplete Oslo Process? Or will Hillary Clinton persuade someone such as Dennis Ross to attempt to finish the job?

Ultimately, the real test of a new administration’s relationship with Israel will come amidst the first crisis in the Middle East — and there will be one. The potential scenarios are familiar and already have contingency plans both in Washington and Jerusalem: Endless (and perhaps simultaneous) rounds of missiles from Gaza and Hezbollah, Jordan’s hostile takeover, Syria and Lebanon as ISIS bases, mass water poisoning, dirty bombs and more. It’s a sickening list, but one that cannot be ignored.

Neil Rubin, Ph.D., teaches Jewish History at Beth Jfish-Dahan Community High School and Israeli history at the Baltimore Hebrew Institute of Towson University.

Who’s Best for Israel?

By Neil Rubin

For Camp Clinton, many of its leaders — particularly its founder — have vast and varied experiences in the Middle East. Hillary Clinton has no great love for Israeli Prime Minister Binyamin Netanyahu, but she respects him as Israel’s democratically elected leader. Frankly, she knows she won’t get anywhere with him. So she will be hands off, appointing someone to be her “Peace Process Czar.” A key question: Will Bill Clinton be given the role, trying to secure his legacy by wrapping up the painfully incomplete Oslo Process? Or will Hillary Clinton persuade someone such as Dennis Ross to attempt to finish the job?

Ultimately, the real test of a new administration’s relationship with Israel will come amidst the first crisis in the Middle East — and there will be one. The potential scenarios are familiar and already have contingency plans both in Washington and Jerusalem: Endless (and perhaps simultaneous) rounds of missiles from Gaza and Hezbollah, Jordan’s hostile takeover, Syria and Lebanon as ISIS bases, mass water poisoning, dirty bombs and more. It’s a sickening list, but one that cannot be ignored.

Neil Rubin, Ph.D., teaches Jewish History at Beth Jfish-Dahan Community High School and Israeli history at the Baltimore Hebrew Institute of Towson University.
I shift a few inches to the right, edging closer to my husband in the crowded diner booth. To my left, my teenage son snickers as my movement against the vinyl bench creates a sound identical to the release of bodily gas. Across the booth, my daughter’s head is bent over a phone. The “no-electronics-at-mealtime” rule does not apply when the electronics are Grandma’s.

“You have to go into your settings,” she explains with a patience I’ve rarely seen in my high school senior. Her messy bun tips forward, almost touching the salt-and-pepper head of her grandmother.

The two stare at the screen, one gaze confident and one confused. The teenager works her magic, and my mother-in-law smiles as she tucks her ancient smartphone into her handbag. Problem solved, courtesy of the most savvy electronics user in our family.

As the oldest grandchildren on both sides, my two kids have been their grandparents’ technology gurus for the better part of their childhoods. It has been a bond between the generations since the kids became tweens. Once they had email addresses, their grandparents could skip relaying messages through me and talk directly to the source.

The source is not always reliable, however, and technology is not always a relationship boon. “Did he get my email?” my mother asks me.

I tell her that I don’t know. He obviously hasn’t responded to my mother, and she is turning to me. I am the middleman, and I can’t win. Grammie is upset that communication is ignored, and the kid is upset because Mom and Grammie are riding him.

“Just reply to her,” I implore. “Pretend she’s a friend who you would get back to immediately.” He rolls his eyes.

While I was close to my grandmother, our communication was less frequent than it is for this generation. I called her when something important happened, but less frequently just to catch up.

Now, grandchildren and grandparents can touch base at any time, and for the smallest of reasons.

As the kids get older, they are usually better about timely replies. They want to stay in touch with their grandparents, but they don’t necessarily want to be as connected as they are to their friends.

Constant contact and instant responses are the norm for teenagers and millennials, but even this generation of adolescents doesn’t want to be beholden to their grandparents 24/7. I explain to my mother that my kids will reply eventually.

I explain to my kids that Grammie feels snubbed when they don’t respond the same day they receive a text. I want to take everyone’s phones and toss them out the window.

I was stuck in the middle again last week, but this time I was happy to be there. My son asked a girl to homecoming, and he texted me a photo of the two of them to share the news.

“I sent it to Grammie, too,” he mentioned. “I figured it would make her happy.” Oh, it did. She told me how touched she was by this gesture, as the go-between, I delivered this news to my son. He’s beginning to realize how much a few seconds of his time can mean to his grandmother.

The landscape will undoubtedly be different by the time I have grandchildren. Perhaps they will give me lessons in mastering the iPhone 20, or we will catch up via a virtual reality FaceTime. As the world becomes wider and family time becomes tougher to come by, technology is more than a divide between generations. It also creates opportunities for small, infrequent connections that strengthen the bond between them.

Dana Hemelt’s first published work was a logic puzzle picked up by a game magazine in the early 1990s. Since then, her essays have appeared in the anthologies “The Mother of All Meltdowns” and “The HerStories Project: Women Explore the Joy, Pain, and Power of Female Friendship.” A Baltimore native, Hemelt lives in Howard County with her husband and two teenagers, blogs at kissmylist.com and tweets @kissmylist.

Technology Connection

By Dana Hemelt

Now, grandchildren and grandparents can touch base at any time, and for the smallest of reasons.

via a virtual reality FaceTime. As the world becomes wider and family time becomes tougher to come by, technology is more than a divide between generations. It also creates opportunities for small, infrequent connections that strengthen the bond between them.

Dana Hemelt’s first published work was a logic puzzle picked up by a game magazine in the early 1990s. Since then, her essays have appeared in the anthologies “The Mother of All Meltdowns” and “The HerStories Project: Women Explore the Joy, Pain, and Power of Female Friendship.” A Baltimore native, Hemelt lives in Howard County with her husband and two teenagers, blogs at kissmylist.com and tweets @kissmylist.

The landscape will undoubtedly be different by the time I have grandchildren. Perhaps they will give me lessons in mastering the iPhone 20.
I dread this particular store’s parking lot. The checkout line is usually frenetic. But my kids and I like the food, so the store is useful in my life. Still, I chose to shop there at noon on a busy weekday, at the end of the workweek. My frantic cashier threw my items into bags. When I showed a fellow customer where to park her cart, she eagerly wheeled it in front of me in line. After I finally got to check out, I had trouble zipping up my purse. The customer after me, who was my age, asked me to move a little faster. I bit my lip, hurled my cart past the potted flowers through the automatic doors into the sunlight, and then realized the root problem: this trip was my choice. No one forced me to do it. And no one would claim that shopping at this store or parking in its adjacent parking lot was an easygoing, mellow, relaxing experience. So what did I expect?

As a health care provider, I often point out kinder, safer, more sustainable choices people can make. For example, unless there is a true medical emergency and we need to be reached for some vital reason, we can sleep without our cell phones in the room. Western health care providers call this improving our “sleep hygiene.” I also encourage people to reduce their stress levels and to support their digestion. Even if we have only misplaced our keys, when our brain thinks we are in an emergency, then it downgrades our stomach’s activities. Once we are safe, the brain allocates physical resources toward digestion.

But even if we feel safe, we may buy or eat foods that are not kind or sustainable. Our portion size and control, eating frequency or nutritional content may be askew. If we can make kinder and more sustainable choices, then we will ultimately reduce our symptoms, including stress.

But first, we have to be responsible for our own health and healing. According to Traditional Chinese Medicine theory, our daily choices can create, alter and help any symptom that we may experience. At any age, in any location, and regardless of our medical history, we can make more kind, sustainable choices. If we are caretakers, we can help those individuals sustain themselves. Going to a crowded strip mall at a high-density time may be inevitable in certain cases, but we certainly can be prepared mentally and physically.

There is no reason to feel frustrated by a situation we have created, perpetuated or somehow made worse. We can learn from it, dust ourselves off and make different choices the next time.

Coping mechanisms and destructive habits often arise from choices that are less than optimal. We must treasure ourselves before we can expect to be treasured by others.

May you gain enlightenment as you connect your choices with your symptoms, whether or not you are out there shopping. Trina Lion is an acupuncturist at Mercy Medical Center and has a private practice in Mount Washington. She is currently teaching Traditional Chinese Medicine at the Osher Institute of Towson University and creating TCM comics for a Shanghai journal, a major thrill. Visit trinaliontcm.com for more information.
From Sept. 20 to 26, Gov. Larry Hogan led a trade mission to Israel with a delegation of 26 state business, education, health care and community leaders. This was the governor’s first trip to the Jewish state, and it was a community leaders. This was the governor’s first trip to the Jewish state, and it was a

dialogue and to help them all grow.

We signed a new MOU (memorandum of understanding) for five years with Hebrew University and the University of Maryland, Baltimore, which is focused on combined research opportunities. We will share in research and training and exchange of scholars for seminars and conferences, and we will have an exchange of students.

With UMBC (University of Maryland, Baltimore County) and Tel Aviv University, we signed another MOU for five years to promote cooperation between the two universities, as well as expand research opportunities, exchange students and academic staff, and share in training.

In addition to that, the Negev is the cyber hub of Israel, and Maryland is the cyber capital of America. We signed a sister-state relationship between Maryland and the Negev region, so we see great collaborative cyberinvestment opportunities between Israel and Maryland.

What are some of the most memorable experiences of this trip?

For me, on the personal side, most memorable was Yad Vashem, and most moving was my visit to the Western Wall in Old Jerusalem.

We also went to Hadassah Hospital. My personal physician, Dr. Aaron Rapoport, was on the trip along with his father, Mort, who was a founder of the University of Maryland Medical System. He was also on the board of Hadassah Hospital. We were part of the birth of Hadassah Hospital because some of the original donors to that hospital came out of Baltimore. Hadassah Hospital’s shock trauma center is modeled after the University of Maryland’s Shock Trauma Center, which was the first one in the world.

During a seminar at Hadassah Hospital, I got to talk about my experience with cancer. Many people on the trip and many people there were praying for me when I was going through my treatment. I very much appreciated their prayers and support.

Unfortunately, you weren’t able to meet the late Israeli President Shimon Peres during your trip because he was ailing.

I was very much looking forward to meeting with Shimon Peres. He had his stroke shortly before we left on the trade mission, and then sadly he passed away. He was a champion of peace for Israel and around the world. His selfless service to the Israeli people for more than half a century will always be an inspiration. His legacy will always remain as a great leader, a statesman, and a peacekeeper.

Peter Arnold is an Olney, Md.-based freelance writer and editor.

During his recent mission to Israel, Gov. Larry Hogan says the most meaningful part of the journey was visiting the Western Wall and Yad Vashem, Israel’s national Holocaust memorial and museum.

‘Opportunity of a Lifetime’
The governor talks with Jmore about his recent trade mission to Israel.

By Peter Arnold

We were with Electronics Technology Associates and their subsidiary, Cyberbit, and they announced the very first live, stand-alone cybersecurity training center in the United States, to be based in Baltimore City and to employ 100 people. We are tripling the size of their corporate headquarters in Maryland, and it will be the first cybersecurity training center in the United States.

I also addressed 250 Israeli high-tech entrepreneurs on the campus of Tel Aviv University. Their startup companies have brilliant ideas to team with Maryland companies and help them all grow.

We signed a new MOU (memorandum of understanding) for five years with Hebrew University and the University of Maryland, Baltimore, which is focused on combined research opportunities. We will share in research and training and exchange of scholars for seminars and conferences, and we will have an exchange of students.

With UMBC (University of Maryland, Baltimore County) and Tel Aviv University, we signed another MOU for five years to promote cooperation between the two universities, as well as expand research opportunities, exchange students and academic staff, and share in training.

In addition to that, the Negev is the cyber hub of Israel, and Maryland is the cyber capital of America. We signed a sister-state relationship between Maryland and the Negev region, so we see great collaborative cyberinvestment opportunities between Israel and Maryland.

What are some of the most memorable experiences of this trip?

For me, on the personal side, most memorable was Yad Vashem, and most moving was my visit to the Western Wall in Old Jerusalem.

We also went to Hadassah Hospital. My personal physician, Dr. Aaron Rapoport, was on the trip along with his father, Mort, who was a founder of the University of Maryland Medical System. He was also on the board of Hadassah Hospital. We were part of the birth of Hadassah Hospital because some of the original donors to that hospital came out of Baltimore. Hadassah Hospital’s shock trauma center is modeled after the University of Maryland’s Shock Trauma Center, which was the first one in the world.

During a seminar at Hadassah Hospital, I got to talk about my experience with cancer. Many people on the trip and many people there were praying for me when I was going through my treatment. I very much appreciated their prayers and support.

Unfortunately, you weren’t able to meet the late Israeli President Shimon Peres during your trip because he was ailing.

I was very much looking forward to meeting with Shimon Peres. He had his stroke shortly before we left on the trade mission, and then sadly he passed away. He was a champion of peace for Israel and around the world. His selfless service to the Israeli people for more than half a century will always be an inspiration. His legacy will always remain as a great leader, a statesman, and a peacekeeper.

Peter Arnold is an Olney, Md.-based freelance writer and editor.

During his recent mission to Israel, Gov. Larry Hogan says the most meaningful part of the journey was visiting the Western Wall and Yad Vashem, Israel’s national Holocaust memorial and museum.

‘Opportunity of a Lifetime’
The governor talks with Jmore about his recent trade mission to Israel.

By Peter Arnold

We were with Electronics Technology Associates and their subsidiary, Cyberbit, and they announced the very first live, stand-alone cybersecurity training center in the United States, to be based in Baltimore City and to employ 100 people. We are tripling the size of their corporate headquarters in Maryland, and it will be the first cybersecurity training center in the United States.

I also addressed 250 Israeli high-tech entrepreneurs on the campus of Tel Aviv University. Their startup companies have brilliant ideas to team with Maryland companies and help them all grow.

We signed a new MOU (memorandum of understanding) for five years with Hebrew University and the University of Maryland, Baltimore, which is focused on combined research opportunities. We will share in research and training and exchange of scholars for seminars and conferences, and we will have an exchange of students.

With UMBC (University of Maryland, Baltimore County) and Tel Aviv University, we signed another MOU for five years to promote cooperation between the two universities, as well as expand research opportunities, exchange students and academic staff, and share in training.

In addition to that, the Negev is the cyber hub of Israel, and Maryland is the cyber capital of America. We signed a sister-state relationship between Maryland and the Negev region, so we see great collaborative cyberinvestment opportunities between Israel and Maryland.

What are some of the most memorable experiences of this trip?

For me, on the personal side, most memorable was Yad Vashem, and most moving was my visit to the Western Wall in Old Jerusalem.

We also went to Hadassah Hospital. My personal physician, Dr. Aaron Rapoport, was on the trip along with his father, Mort, who was a founder of the University of Maryland Medical System. He was also on the board of Hadassah Hospital. We were part of the birth of Hadassah Hospital because some of the original donors to that hospital came out of Baltimore. Hadassah Hospital’s shock trauma center is modeled after the University of Maryland’s Shock Trauma Center, which was the first one in the world.

During a seminar at Hadassah Hospital, I got to talk about my experience with cancer. Many people on the trip and many people there were praying for me when I was going through my treatment. I very much appreciated their prayers and support.

Unfortunately, you weren’t able to meet the late Israeli President Shimon Peres during your trip because he was ailing.

I was very much looking forward to meeting with Shimon Peres. He had his stroke shortly before we left on the trade mission, and then sadly he passed away. He was a champion of peace for Israel and around the world. His selfless service to the Israeli people for more than half a century will always be an inspiration. His legacy will always remain as a great leader, a statesman, and a peacekeeper.

Peter Arnold is an Olney, Md.-based freelance writer and editor.

During his recent mission to Israel, Gov. Larry Hogan says the most meaningful part of the journey was visiting the Western Wall and Yad Vashem, Israel’s national Holocaust memorial and museum.

‘Opportunity of a Lifetime’
The governor talks with Jmore about his recent trade mission to Israel.

By Peter Arnold

We were with Electronics Technology Associates and their subsidiary, Cyberbit, and they announced the very first live, stand-alone cybersecurity training center in the United States, to be based in Baltimore City and to employ 100 people. We are tripling the size of their corporate headquarters in Maryland, and it will be the first cybersecurity training center in the United States.

I also addressed 250 Israeli high-tech entrepreneurs on the campus of Tel Aviv University. Their startup companies have brilliant ideas to team with Maryland companies and help them all grow.

We signed a new MOU (memorandum of understanding) for five years with Hebrew University and the University of Maryland, Baltimore, which is focused on combined research opportunities. We will share in research and training and exchange of scholars for seminars and conferences, and we will have an exchange of students.

With UMBC (University of Maryland, Baltimore County) and Tel Aviv University, we signed another MOU for five years to promote cooperation between the two universities, as well as expand research opportunities, exchange students and academic staff, and share in training.

In addition to that, the Negev is the cyber hub of Israel, and Maryland is the cyber capital of America. We signed a sister-state relationship between Maryland and the Negev region, so we see great collaborative cyberinvestment opportunities between Israel and Maryland.

What are some of the most memorable experiences of this trip?

For me, on the personal side, most memorable was Yad Vashem, and most moving was my visit to the Western Wall in Old Jerusalem.

We also went to Hadassah Hospital. My personal physician, Dr. Aaron Rapoport, was on the trip along with his father, Mort, who was a founder of the University of Maryland Medical System. He was also on the board of Hadassah Hospital. We were part of the birth of Hadassah Hospital because some of the original donors to that hospital came out of Baltimore. Hadassah Hospital’s shock trauma center is modeled after the University of Maryland’s Shock Trauma Center, which was the first one in the world.

During a seminar at Hadassah Hospital, I got to talk about my experience with cancer. Many people on the trip and many people there were praying for me when I was going through my treatment. I very much appreciated their prayers and support.

Unfortunately, you weren’t able to meet the late Israeli President Shimon Peres during your trip because he was ailing.

I was very much looking forward to meeting with Shimon Peres. He had his stroke shortly before we left on the trade mission, and then sadly he passed away. He was a champion of peace for Israel and around the world. His selfless service to the Israeli people for more than half a century will always be an inspiration. His legacy will always remain as a great leader, a statesman, and a peacekeeper.

Peter Arnold is an Olney, Md.-based freelance writer and editor.
The Best Medicine

Jewish humor speaks volumes about the Jewish experience and sensibility, says visiting author.

By Alan Fefer, Editor-in-Chief

Perhaps more than most people, Rabbi Joseph Telushkin knows a good Jewish joke when he hears one. One of his favorites: A bubble pushes a stroller down a street containing her sleeping grandson. A passer-by glances inside and marvels, “Oh, what a beautiful baby!” The beaming grandmother replies, “My religion? Why, I’m a goy!” When someone asks a Jewish buddy sitting nearby, reading a Nazi propaganda publication, “I read the Nazi papers because at least there, the Jews run all the banks and control all of the governments!” the friend exclaims, “Isn’t that a filthy rag. The friend responds, “My religion? Why, I’m a Jew!”

A best-selling author and popular lecturer, Rabbi Telushkin is the keynote speaker at a recent Israeli-style breakfast event hosted by the Jewish National Fund. More than 400 JNF supporters recently packed Temple Oheb Shalom for the event, which was co-chaired by Erika Pardes Schon and Dr. Ellen L. Taylor.

Another favorite joke of Rabbi Telushkin’s is the late ’30s, and a Jew in Manhattan gets on the subway. After cracking open his Yiddish newspaper, he notices a Jewish buddy sitting nearby, reading a Nazi propaganda publication. He goes over and asks his pal why he’s reading such a filthy rag. The friend explains he avoids reading the Jewish press because it reports only news of global anti-Semitism and the Great Depression. “I read the Nazi papers because at least there, the Jews run all the banks and control all of the governments!”

Such jokes are more than simply amusing, said Rabbi Telushkin, author of the 1998 book, “Jewish Humor: What The Best Jewish Jokes Say About the Jewish People, and that’s what Jewish humor is all about.”

More than 20 students from Beth Tikvah Dahan Community School welcomed guests to the gathering, and Oheb Shalom’s Rabbi Steven M. Fink delivered the invocations. Among the program’s highlights were a video about JNF’s efforts in Israel and the singing of “Hatikvah” and “The Star-Spangled Banner” by HaZamir Baltimore choral members Tamara Rubin, Molly Silverman and Hannah Wahlgren.

“JNF is the conduit to Israel for our local community,” said Rabbi Telushkin, focusing on the organization’s myriad programs and missions to the Jewish state, including the “Culinary, Wine and Music Tour” planned for next June. Introduced by former Krieger Schechter Day School headmaster Rabbi Paul D. Schneider, Rabbi Telushkin had the audience rolling with a relentless barrage of Jewish jokes. He explained that when writing his book about Jewish humor, he steered away from jokes that were gratuitous or mean-spirited.

But Rabbi Telushkin noted that ethnic humor tends to be inherently controversial. “Putzicles are usually about stereotypes,” he said. “With Jews, it’s usually about being cheap. However, I don’t believe Jews, as a rule, are cheap but tend to be a generous people.”

Other Jewish jokes, he said, focus on family members. “The good news is the family has always been central to Judaism,” Rabbi Telushkin said. “The bad news is the punchline is always about how family members go overboard.”

Being at the forefront of psychotherapy, Rabbi Telushkin said, many Jewish jokes center on psychiatry. An example: a psychiatrist tells an overbearing Jewish mother her son has an Oedipus complex. She responds, “Oedipus, Schmedipus, just as long as he loves his mother!”

Even jokes about Jews who convert out of the faith are not beyond the pale, said Rabbi Telushkin. For instance, when a Jewish-to-be convert is grilled by a country club officer about his religion, he responds, “My religion? Why, I’m a goy!”

All of these jokes, Rabbi Telushkin said, speak to the unique Jewish sensibility, something that even impacts the American political landscape. He noted he once heard Habdassah Lieberman, wife of former Sen. Joe Lieberman, say she comforted her husband when he lost his vice presidential bid in 2000 by saying, “Don’t worry, in this house you’ll always be vice president.”

For information about JNF, call 410-486-3377 or visit jnf.org.
Polak said he plans to continue selling and working on instruments out of his car and from his Pikesville residence. He’ll also continue to stage open mic nights and shows at different venues in Northwest Baltimore.

“Still be in business, better than ever,” he says. “We’re just no longer babysitting the shop. I’m going where the business wants to do business with me.”

For a while, Polak bested every obstacle, then came the Great Recession. Retail sales declined, players continued to gravitate to Polak’s vision for an artistic community. Throughout the years, many people propelled Guitars of Pikesville forward, but few were more involved than Rick Sambuco, a retiree who helped organize the store’s open mic nights and legendary Sunday night jam sessions.

“When we started, there were no open mics or jam sessions in Pikesville,” says Polak. “Players who connected with one another through the store have begun to pay it forward.”

The emergence of an organic musical community in Pikesville is a sign of a job well done.

Polak. But when the economy collapsed, many local music shops closed their doors. Guitars of Pikesville succeeded where others failed because its brick-and-mortar store was always a vessel for something greater than instrument sales.

“There was always a commitment to creativity,” says Polak. “Guitars of Pikesville created an artistic culture, not just of music but of craft.”

“Every musician has a moment that hits them that their playing truly matured,” says Polak. “It’s our responsibility to develop an artistic culture for ourselves.”

As a young musician, Polak dreamed of a place where young players could meet experienced musicians and shoot the breeze about instruments, qualities and styles. Polak made his vision a reality.

“There’s a certain depth to life that didn’t exist before the store,” says Polak. “All it takes is one concert.”

For information, contact Joshua Polak at 410-415-5400.

Brandon Chiat is a Baltimore-based freelance writer.
"Millennials were raised in a fearful culture. There is a real struggle with the unknown." – Serena Shapero

Facing the Unknown
The If I Knew initiative helps millennials address self-awareness, professional and well-being issues.

By Brandon Chiat

I wish that someone told me that it's totally OK not to feel comfortable in your own skin," says Serena Shapero. Shapero, 27, is the social media strategist and health educator for If I Knew, a Jewish Community Services of Baltimore initiative that utilizes a multimedia approach to discussing issues that impact the well-being, self-image and professional and personal lives of people in their 20s and 30s.

Shapero’s sentiment is the premise for a program that emphasizes and teaches self-awareness and provides prevention education to Jewish millennials. In today’s hyper-connected digital culture, mindfulness is a quality that many young adults need to develop, says Shapero. From 9/11 and the war on terror to the Great Recession, the millennial generation experienced tremendous challenges at an early age.

Processing those experiences remains a challenge for today’s young adults, she says. "Millenials were raised in a fearful culture," says Shapero. "There is a real struggle with the unknown."

Finding and keeping a job or maintaining healthy relationships is stressful enough, she says. But with the omnipresence of social media’s influence, culture, attitudes, values and behavior patterns, young people today experience unprecedented mental and physical stress. Often, this personal turmoil leads to risky behaviors such as substance abuse, unprotected sex or self-harm.

"Millenials don't know what it means to be gentle with themselves," says Shapero. "Learning how to parent yourself is part of the process of being in your 20s."

For that reason, if If I Knew emerged in 2009 to help young adults navigate the unique stressors of millennial life.

"The more honest young adults can be in their actual relationships, the more people can connect to these issues in a universal way," Shapero says. If I Knew’s digital approach gives young adults the outlet to share their fears and problems, she says, thereby connecting them to an entire network of individuals who have shared experiences.

Between their active social media following and their robust content library, If I Knew is the go-to source for young people who have had similar experiences. The issue facing today’s young adults is one of communication, says Shapero. Mainstream media depicts millennials as the ‘selfie’ generation, so it’s surprising that many struggle to speak openly about their problems and emotions.

However, in a culture that emphasizes social validation, Shapero observes that many young adults carefully curate their digital personas to publish their “best self” on social media.

“The more honest young adults can be in their actual relationships, the more people can connect to these issues in a universal way,” Shapero says. If I Knew’s digital approach gives young adults the outlet to share their fears and problems, she says, thereby connecting them to an entire network of individuals who have shared experiences.

Through a mix of digital content and in-person programming, if If I Knew established a healthy support network that validates individual voices, combats threatening situations with healthy and preventative measures and provides a respite from the relentless onslaught of media stimuli.

The issue facing today’s young adults is one of communication, says Shapero. Mainstream media depicts millennials as the ‘selfie’ generation, so it’s surprising that many struggle to speak openly about their problems and emotions.

"Millenials don't know what it means to be gentle with themselves," says Shapero. "Learning how to parent yourself is part of the process of being in your 20s."

For that reason, if If I Knew emerged in 2009 to help young adults navigate the unique stressors of millennial life.

"The more honest young adults can be in their actual relationships, the more people can connect to these issues in a universal way," Shapero says. If I Knew’s digital approach gives young adults the outlet to share their fears and problems, she says, thereby connecting them to an entire network of individuals who have shared experiences.

Between their active social media following and their robust content library, If I Knew is the go-to source for young people who have had similar experiences. The issue facing today’s young adults is one of communication, says Shapero. Mainstream media depicts millennials as the ‘selfie’ generation, so it’s surprising that many struggle to speak openly about their problems and emotions.

However, in a culture that emphasizes social validation, Shapero observes that many young adults carefully curate their digital personas to publish their “best self” on social media.

“The more honest young adults can be in their actual relationships, the more people can connect to these issues in a universal way,” Shapero says. If I Knew’s digital approach gives young adults the outlet to share their fears and problems, she says, thereby connecting them to an entire network of individuals who have shared experiences.

Between their active social media following and their robust content library, If I Knew is the go-to source for young people who have had similar experiences. The issue facing today’s young adults is one of communication, says Shapero. Mainstream media depicts millennials as the ‘selfie’ generation, so it’s surprising that many struggle to speak openly about their problems and emotions.

However, in a culture that emphasizes social validation, Shapero observes that many young adults carefully curate their digital personas to publish their “best self” on social media.

“The more honest young adults can be in their actual relationships, the more people can connect to these issues in a universal way,” Shapero says. If I Knew’s digital approach gives young adults the outlet to share their fears and problems, she says, thereby connecting them to an entire network of individuals who have shared experiences.

Between their active social media following and their robust content library, If I Knew is the go-to source for young people who have had similar experiences. The issue facing today’s young adults is one of communication, says Shapero. Mainstream media depicts millennials as the ‘selfie’ generation, so it’s surprising that many struggle to speak openly about their problems and emotions.
It blew my mind," Sandler returned home to an email from the program director at Temple Isaiah in Howard County’s Fulton community.

“A local mosque contacted the synagogue about starting a study group. ‘Would someone be willing to lead it?’ I saw the email go around, but couldn't let it drop," Sandler says. Her experience in Jerusalem convinced her interfaith dialogue was essential, so she agreed to represent Isaiah. Sandler and a congregant from Silver Spring’s Baitur Rehman Mosque were joined by a member of the Montgomery County-based Church of Jesus Christ of Latter-day Saints. The three women became fast friends, learning a tremendous amount in the process.

This fall marks the sixth year of their partnership, which evolved from a small study group into a community-wide interfaith program for women called Soul to Soul. The mission is “to strengthen bonds, peace and understanding through interfaith dialogue and learning.”

Soul to Soul presents four events annually. Each year, a particular theme is chosen and related sessions are offered. Previous topics include “Creation of the Soul,” “With Open Arms” and “How My Observation Takes Courage.”

Soul to Soul offers facilitators the opportunity to learn about each other’s faiths, expose their families to a different religion and bond with other women. Sandler says she has “grown in love for the Jewish faith and people.”

"With Open Arms" This year's theme is “Feeding Our Soul.” The season began with a chal-lah making and biryani-tasting program in September. Future sessions will explore ways in which participants meet their spiritual needs and how life's challenges shape them.

New this year, Soul to Soul offers facilitated, concurrently run programming, a book group for middle school students and a discussion group for high school girls.

The latter came out of last year's Soul to Soul event titled "Voices of Our Youths," in which Jewish, Muslim and Mormon teens shared their experiences.

"The other day, I was walking around Centennial Lake [in Columbia] and saw a young Muslim woman walking with a baby carriage," she says. "I was the Feast of Eid, which follows Ramadan. I walked up to her and said, ‘Eid Mubarak.’ It's like Jews saying chag samayach [happy holiday]. Her face lit up. It felt so good to know what to say.”

Cindy Sandler

Cindy Sandler is a busy woman. A Columbia psychologist with four adult children and six grandchildren, she might’ve passed on a new project at her temple if not for a disturbing event she witnessed in 2010.

"I was on a women’s trip to Israel and the rabbi in Temple Isaiah who attends River Hill High School, wrote about her “Voices of Our Youth” experience in her confirmation essay. The essay told of Sarah’s curiosity about Islam and her initial apprehension about how she and her family would be received by Muslims.

“We were received with open arms,” wrote Sarah. “Not all Muslims are terrorists and the women [at the mosque] were sad that the words ‘Muslim’ and ‘terrorist’ are becoming synony-mous.”

Sandler says her involvement in Soul to Soul has strengthened her Jewish identity.

"The other day, I was walking around Centennial Lake [in Columbia] and saw a young Muslim woman walking with a baby carriage,” she says. "I was the Feast of Eid, which follows Ramadan. I walked up to her and said, ‘Eid Mubarak.’ It’s like Jews saying chag samayach [happy holiday]. Her face lit up. It felt so good to know what to say.”

Photo by Anne Kelley Studio

Kindred Souls

Program promotes interfaith dialogue between women of Howard and Montgomery counties.

By Simone Ellin, Associate Editor

Cindy Sandler

Cindy Sandler

JMORELIVING.COM 31
Lan Pham Wilson (center) serves up soup to Marvin Pinkert (right), executive director of the Jewish Museum of Maryland.

The soup was definitely on at the recent Great Chicken Soup Cook Off at the Jewish Museum of Maryland in East Baltimore.

More than 100 people attended the two-and-a-half-hour gathering, united by their common affinity for chicken soup (aka “Jewish penicillin”) and a quest to find the best chicken soup in Maryland.

The event was inspired by the JMM’s current exhibition, “Beyond Chicken Soup: Jews and Medicine in America.” Eleven contestants participated in the competition, which was divided into such categories as traditional, alternative, and free form and under age 16.

There were also interactive activities for kids, including creating take-home herb gardens with cilantro, and a version of Maryland crab soup made with chicken instead of crab, just to name a few.

Betsey Kahn, the JMM’s executive director, and all of the guests who attended voted on the Audiences’ Choice award. While there were several awards given out for soups in each category, the overall chicken soup champion award went to Betsey Kahn, who made her own traditional recipe.

Kahn, 90, a retired teacher who lives in Guilford, said she was very excited about her victory.

“It has been really interesting being a part of this event,” Kahn said. “Chicken soup is something I really enjoy cooking — messy sometimes, but it’s worth it.”

“This was a special thing to do with the Jewish Museum,” she said. “I have been volunteering here for the past 25-30 years, and the Jewish Museum of Maryland is part of my family. My father, Moses Rosenfeld, was one of the founders of the museum.”

Betsey Kahn’s winning recipe

**Good ‘Old Fashion’ Chicken Soup**

**INGREDIENTS:**

- 1 roasting chicken
- 4 celery stalks, sliced
- 2 large cloves garlic
- 1 teaspoon pepper
- 1 tablespoon Season All
- 1 ½ cups medium barley
- 32 oz. Chicken broth
- 1 16 oz. frozen peas

**DIRECTIONS:**

1. Place the chicken, either whole or cut up, in a 4 qt. pot.
2. Add celery, carrots, onions, and garlic in the pot.
3. Add 6 cups of water, salt, pepper, lemon juice, lemon rind, and Season All.
4. Cover the pot and bring the liquid to a boil, turn the heat down and cook for at least 2 hours. The chicken will be “fall off the bone” at that time.
5. With a slotted spoon, remove the chicken from the pot to a plate and remove the skin from all the parts. BE CAREFUL TO REMOVE ALL BONES FROM THE BROTH.
6. Add as much of the pulled chicken as you want in the broth.
7. Add the barley to the broth and cook for another ½ hour.
8. Add frozen corn and peas to the broth as well as the 2 packets of Herb Ox and (2) 32 ounce boxes of Chicken broth.
9. Continue cooking for another ½ to ¾ of an hour.
10. **ENJOY EATING MY GOOD OLD FASHION’ CHICKEN SOUP!**

**Best Traditional Chicken Soup: Mary Brady and her “Schmaltzy Soup”**

**DIRECTIONS:**

1. Take a chicken, young or “stewing” (e.g., OLD). This recipe does not discriminate.
2. Discard the neck and chop up the giblets.
3. Sauté the shredded vegetables and giblets in schmaltz for Kosher version; butter for non-Kosher version.
4. Add Minor chicken base to the stewing chicken (this is the top-notch chicken stock; available at BJ’s; if you can’t get it use any chicken stock.) Add vegetable stock, as well – about a quart of stock for each bird.
5. Pick out anything you don’t want to eat, e.g. bones and giant pieces of skin. Leave the meat on.
6. For each chicken, shred a pound of carrots, celery and shallots.
7. Cover the chicken in cold water in a big pot. Boil that devil for a few minutes and then simmer it for an hour, until the meat falls off the bones.
8. For each chicken, add 4 cups of water, 1 pound of Manischewitz curly egg noodles – cook until the noodles are al dente.
9. *ENJOY!*
A Journey Worth Undertaking
Two cancer survivors plant seed for women’s health summit now in its 22nd year.

By Simone Ellin, Associate Editor

It’s been almost 30 years since Harriet Legum was first diagnosed with breast cancer. By the time she received her diagnosis, Legum had long suspected she had cancer. But doctors insisted that at age 45, she was simply too young to have such a malignancy.

Finally, convinced that the lump in her breast was growing, Legum found a doctor at Johns Hopkins Hospital who was willing to listen. “I was on the operating table and the doctor said, ‘You were right, Harriet. You do have breast cancer,’” she recalls.

That experience and her subsequent battle and victory over breast cancer changed her life forever.

This year, the 22nd annual “A Woman’s Journey” conference — which Legum created with her friend and fellow breast cancer survivor Moffy Block — will take place on Saturday, Nov. 5, from 8:15 a.m. to 4:30 p.m. at the Hilton Baltimore Hotel at 401 W. Pratt St.

The daylong gathering was created by Legum and Block after they met while attending a Hopkins event.

“We looked at each other and liked each other immediately,” says Legum.

“We thought maybe we’d have 200 or 300 women,” says Legum. “We had almost 600! That validated us. Nowadays, we have way over 1,000.”

Though Legum is still the event’s chair, Block has stepped down this year as co-chair. She will be replaced by Kelly Ripken.

Legum says she is buoyed by Ripken’s “familious energy.”

“Bonding Experience
“A Woman’s Journey” offers 32 seminars — eight choices for every hour of the conference. Sessions, which are led by top Hopkins doctors, include 45 minutes of lectures and 15 minutes of questions and answers.

Highlights of this year’s conference include workshops on aging and the brain, the Zika virus, bone loss, sleep disorders, and new diagnostic tools for breast cancer.

New offerings include an all-day, 3-D printing demonstration that will produce a facial bone, and a dessert reception with faculty members who will answer questions about their specialties.

The conference plenary will be delivered by Dr. Redonda Miller, associate professor of medicine, who was recently named the first woman president of Hopkins. The lunch keynote speaker will be Dr. Kofi Boahene, associate professor of otolaryngology, who will share his “Journey from the streets of Ghana to the surgical suites of Hopkins.”

“Most of the doctors stay for lunch,” says Legum, who lives in Pikesville. On occasion, she says, attendees who have tried unsuccessfully to get appointments because of long waiting lists are able to connect with a doctor at the conference.

Sometimes, such interactions result in an appointment for the attendee.

“Often, when we get to know people better, we realize it’s a wonderful bonding experience,” says Legum. “It feels so good not only to have found my voice to protest myself and my children, but also to have been able to give other women the power and knowledge to stand up for themselves. Don’t be a victim!”

For information about “A Woman’s Journey,” visit hopkinsmedicine.org/awomans-journey/baltimore/.

In her role as executive director of the new Center for Teen Engagement at the Jewish Community Center of Greater Baltimore, Rabbi Dena Shaffer has been given a lofty charge. But those who chose her for the role say she’s just the person to make it all happen.

The CTE is part of a multi-faceted Jewish education initiative undertaken by The Associated Jewish Community Foundation of Baltimore’s Teen Connection Task Force. It comes to fruition thanks to a five-year matching grant of up to $1525 million from The Jim Joseph Foundation.

Rabbi Shaffer, who is from Rochester, N.Y., and has “wanted to be a rabbi ever since I can remember,” lives in Woodberry with her dog, Darby.

Raised in the Reform movement, she says she made sure to “experience the entire spectrum of Jewish life from the most secular to Orthodox” while studying at Brandeis University, before receiving her ordination at Hebrew Union College in Cincinnati.

Rabbi Shaffer’s passion for making Jewish education accessible and engaging is palpable.

“The more Jewish experience is also a wonderful bonding experience,” says Legum. “It feels so good not only to have found my voice to protest myself and my children, but also to have been able to give other women the power and knowledge to stand up for themselves. Don’t be a victim!”

Rabbi Shaffer believes in non-traditional approaches to teaching, and as a long-time student of tae kwon do (since age 3!) she believes martial arts philosophies and Judaism have “a seamless overlap.”

She sees how she divined Sunday morning “Jewish” classes, combining martial arts with teaching Jewish values, during her five years as associate rabbi at Congregation Beth Israel in West Hartford, Conn.

“I had great rabbis, great teachers,” Rabbi Shaffer said. “I grew up in Jewish summer camp and got to see rabbis as real people, not just the person behind the pulpit but the man or the woman who sat with me on the hill wearing shorts and said things like ‘cool’ and ‘awesome.’”

A pivotal moment in her life, she says, was a conversation she admires may sound a “bit cheesy, but it’s true.” Just after her bat mitzvah, her martial arts instructor, Sean Pearson, asked her to teach a class in his absence.

“I was in middle school. I was nervous and was pushing back a little bit,” she recalls. “Then he said to me, ‘When some body whispers the truth into your left ear, and somebody asks for the truth in your right ear, you have an obligation to share that truth: it was really powerful for me.’”

JCC President Barak Hermann calls Rabbi Shaffer “the real deal.” In her new role, and with the leadership will inspire professionals and members of the Jewish community to create and support meaningful Jewish experiences for teens.

Rabbi Shaffer’s supervisor, JCC Chief Program Officer Susan Sherr-Seitz, said the CTE executive director job requires “creativity, spark, vision, the ability to pivot and the managerial chops to bring together professionals and lay people to make it all work. Dena, by virtue of her personality, love of teens and her work experience, is the right package to do it.”

Rabbi Shaffer said the CTE will provide a meeting and learning place for teen professionals from synagogues, national teen movements and other communal agencies.

“We believe it’s important to empower the youth to have their say, to articulate their own needs,” she says. “Part of this initiative is recognizing the depth of potential that teens have to change the social and Jewish landscape, and we hope to tap into that, to help them make their mark on this community and seek what they need from the community. We’ll be working with their families, synagogue professionals and educators and everyone that’s part of their world to make Jewish identity a real and meaningful part of their lives.”

Jewish teen engagement initiatives are happening across the country and many, like the CTE, are based on research findings from the Jewish Education Project. Evaluation of the efforts will be based on that research.

“The goal is not only to get [teens] to be more Jewish or to do more Jewish things. We don’t measure our success by that anymore,” Rabbi Shaffer says. “But rather by how Jewish learning, Jewish growth, spiritual learning and spiritual growth is affecting them in their holistic lives.”

Melissa Gerr is a Baltimore-based freelance writer.
The Write Stuff

Recognized by the first lady, young poet Joey Reisberg has a passion for prose.

By Rafael Alvarez

In the age of Pokemon GO, 17-year-old Joey Reisberg's great hero is a reclusive 19th-century poet who preferred writing letters to conversation.

That's right, Joey is just gaga for the lady named Emily Dickinson.

That's because the Stevenson teenager is also a poet, good enough to be selected as one of five young writers recently inducted into the National Students Poets Program. "I like Dickinson because of her strange, startling poems, which I like to think of as little puzzles," says Joey, a junior at the George Washington Carver Center for Arts and Technology and a contributor to the school's literary magazine, Synergy. "They're so simple at a glance, but reveal dizzying depths when delved into more deeply," he says. "Her poems are full of wonder and beauty, and are comforting like old friends when re-read on a rainy day."

The nation’s highest honor for young poets, the NSPP competition is part of the President's Committee on the Arts and the Humanities. The distinction included a reception at the White House — "You really feel the weight of history there," says Joey without a trace of irony — hosted by first lady Michelle Obama. "It was surreal, but she made us feel safe and comfortable," he says.

At the White House, Joey and the other honorees discussed the writing life with speechwriters for Obama, a first in the second grade. "Baltimore definitely an inspiration for my work," he says. "Any city that has harbored Edgar Allan Poe, Lucille Clifton, Adrienne Rich and Frank O'Hara has to have some poetry in the air. I’m a big fan of John Waters and Divine and the unique and shocking way they characterized the city. Baltimore has lots of resilience."

Resilience — buckets of it, along with talent and chutzpah — is what a young writer needs in a world that has always cared more for lucre than lyricism. "I realize the unlikelihood of making any money by just writing poems. The tricky part is making sure (aspiring artists) understand reality without also crushing hopes and dreams," says Joey, with the wisdom of an old soul. "I’ve been fortunate enough to have parents who understand that creativity and imagination are important life skills," he says. "I plan on supporting myself by teaching English because I love seeing people learn to enjoy literature as something vivid and alive."

At the White House, Joey read his poem titled, "The Muses in a Rented Room in New Orleans." In part, it reads:

"Erato wastes reams of paper on her stunted sonnets to the man sitting outside, straining soupy notes out of a trombone. Calliope’s voice can barely be heard over the racket, but she is there too, whispering this poem into my ear."

As they are wont to do, the muses selected Joey Reisberg early on, one of the chosen to whom they whisper the raw material that mortals use to make art for the succor of others. Here’s hoping that they never stop. Rafael Alvarez is a Baltimore-based freelance writer.

The Truth Behind the Pomp and Pageantry of India’s Temple Elephants

WINNER OF SEVEN AWARDS

United Nations Nominated Documentary

Exclusive Baltimore Benefit Screening
Thursday November 10, 2016, 7:00 P.M.

Senator Theatre 5904 York Rd., Baltimore, Maryland 21212

Special Screening, V.I.P. Reception, Cash Bar, Silent Auction, Raffles and Q&A with Award-Winning Journalist and Filmmaker Sangita Iyer.

Student Pricing: $15
General Admission: $30
V.I.P. Package: $75

All proceeds fund our outreach program to save these majestic creatures. The future welfare lies in our hands.

VISIT www.GODSINSHACKLES.com/events FOR TICKETS

By Rafael Alvarez
As the nation prepares to elect its next commander-in-chief, Jmore explores this topic by speaking with 18 leaders in the Greater Baltimore Jewish community. (Eighteen because of the number’s significance in Jewish numerology and its correspondence to the word chai, which means life.) From business owners to academics, artists to activists, Jewish communal professionals to politicians, Jmore asked some of our most prominent influencers and thought leaders about how and why they lead, their aspirations for the Jewish community and for the broader Baltimore regional community.

"We’re a family business," Attman says of his short-term rehabilitation and nursing home company, "and we try to treat all our employees like an extension of our family. Happy employees care about their jobs, and that leads to happy patients. People want to do their best, but they need tools to do that.

"I like to lead by empowering others. We hire great people, and then we turn them loose. We believe in the concept of ‘intrapreneuring’ — using creative ideas in your job and company that may be brought in from elsewhere.

"Humility is important. No one knows everything. I can learn something from every single person, including people I work with as well as the patients.”

Gary Attman
President and CEO, FutureCare

Four years ago when assuming her role, Benesch had big plans for growing the JCC and the Gordon Center’s arts and culture programming. Many of her plans have materialized, and others are in the works.

"It's not enough just to plan a good season of performances at the Gordon Center. I’m always thinking about what’s next."

Benesch says she feels inspired to continue to expand programming when she sees the impact of the programs offered by the JCC and Gordon Center.

"We’re blessed to be able to bring artists here to the Gordon Center for those who are able to come and afford our performances. But I want to find more ways to bring those artists out into the community. …

"I have a dream to make the JCC a second home for Baltimore’s Jewish artists. I want to find funding so that artists can apply to be part of a program where they can work with two leaders — one artistic and one spiritual. They will explore Jewish texts and be given a chance to discover how Judaism impacts their artistic process.”

Randi Benesch
Senior Managing Director of Arts and Culture, Gordon Center for Performing Arts, Jewish Community Center of Greater Baltimore

"Whether it’s creating a future, aging with dignity, building stronger relationships or reaching new heights, the services offered by JCS empower people to draw on their strengths in achieving their goals," Cohen says. "JCS helps people build their best lives.”

The positive regard that Cohen enjoys across the community is based on sound clinical judgment and a broad base of practical knowledge, as well as her strong leadership skills.

"I don’t micro-manage," says Cohen. "I like to provide people with opportunities to fulfill their roles, with support. I believe that people can excel that way.

"I also take pride in growing professionals. When you allow people to explore roles beyond their positions, they grow with the agency. Many people at JCS, including myself, have taken advantage of those opportunities. JCS is very good about offering those opportunities.”

Joan Grayson Cohen
Executive Director, Jewish Community Services of Baltimore

What is true leadership? How does a leader influence and inspire others?
“I was taught by my parents to be a good citizen,” Friedman says. “I feel that’s a moral obligation.” Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth,” Friedman says.

“I was told, ‘Don’t wait on the sidelines, be part of the game and be part of the solution,’” she says. Friedman says she feels that the ability to be detail-oriented.

“I was taught by my parents to be a good citizen.” Friedman, an active lay leader, has been preparing for communal leadership for as long as she can remember.

“Being a strong leader means having a strong moral compass, being a great listener and being open-minded about hearing multiple truths,” she says. “Your truth is as valuable as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, and it’s an opportunity to give to my community. I feel that’s a moral obligation.”

“I was told, ‘Don’t wait on the sidelines, be part of the game and be part of the solution,’” she says. Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth.”

“I was taught by my parents to be a good citizen.” Friedman, an active lay leader, has been preparing for communal leadership for as long as she can remember.

“Being a strong leader means having a strong moral compass, being a great listener and being open-minded about hearing multiple truths,” she says. “Your truth is as valuable as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth.”

“I was taught by my parents to be a good citizen,” Friedman says. “I feel that’s a moral obligation.” Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth,” Friedman says.

“I was told, ‘Don’t wait on the sidelines, be part of the game and be part of the solution,’” she says. Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth.”

“I was taught by my parents to be a good citizen.” Friedman, an active lay leader, has been preparing for communal leadership for as long as she can remember.

“Being a strong leader means having a strong moral compass, being a great listener and being open-minded about hearing multiple truths,” she says. “Your truth is as valuable as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth.”

“I was taught by my parents to be a good citizen,” Friedman says. “I feel that’s a moral obligation.” Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth,” Friedman says.

“I was told, ‘Don’t wait on the sidelines, be part of the game and be part of the solution,’” she says. Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth.”

“I was taught by my parents to be a good citizen,” Friedman says. “I feel that’s a moral obligation.” Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth,” Friedman says.

“I was told, ‘Don’t wait on the sidelines, be part of the game and be part of the solution,’” she says. Friedman says she feelsfortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth.”

“I was taught by my parents to be a good citizen,” Friedman says. “I feel that’s a moral obligation.” Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth,” Friedman says.

“I was told, ‘Don’t wait on the sidelines, be part of the game and be part of the solution,’” she says. Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“I was taught by my parents to be a good citizen,” Friedman says. “I feel that’s a moral obligation.” Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth,” Friedman says.

“I was told, ‘Don’t wait on the sidelines, be part of the game and be part of the solution,’” she says. Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“I was taught by my parents to be a good citizen,” Friedman says. “I feel that’s a moral obligation.” Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth,” Friedman says.

“I was told, ‘Don’t wait on the sidelines, be part of the game and be part of the solution,’” she says. Friedman says she feels fortunate to possess both the ability to think big as well as the ability to be detail-oriented.

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth …

“Great leaders love people, love learning from them and have to be genuine, charismatic and passionate. I enjoy the mantle of leadership. It’s exciting and challenging, as my truth. Maybe the new truth is a combination of my truth and your truth.”
It was on a trip to Israel when she was 15 that Hurwitz dedicated herself to bettering the lives of her fellow Jews.

“I was in Israel and I met a girl who I would never see again,” she recalls. “But we shared an instant connection. She was getting off a plane from Russia, and we looked exactly alike. We hugged and kissed. I was wearing a ring I had received as a bat mitzvah present … I had a vision for a place that would communally embrace people of all ages and backgrounds and make them think, feel, celebrate and deepen each other under one roof. “It has worked beyond my wildest dreams.”

Linda A. Hurwitz
Campaign Chair, The Associated: Jewish Community Federation of Baltimore

Since its inception in 1995, the AVAM, which exhibits the work of “outsider artists,” has become a lightning rod for national and international discourse on artistic, humanistic and cultural conversations. It also provides deeply moving experiences for its visitors.

“During the run of the ‘Big Hope’ show (in 2015-2016), I met a couple at the museum,” Hoffberger says. “Their young daughter was dying, and they had come to see the show after dropping off their daughter at BWI. She was going on a trip to Disney World.

“I saw the father sitting on a bench with his wife. I went over to him and asked if this was their first time at the museum. He told me his story and said, ‘We can’t believe what a healing experience this is. It’s taken us out of our grief and worry and spoken directly to us.’ “Their daughter died seven weeks later. It’s a privilege when you can help people. … I had a vision for a place that would communally embrace people of all ages and backgrounds and make them think, feel, celebrate and deepen each other under one roof.

Rebecca Alban Hoffberger
Director and Founder, American Visionary Art Museum

It was on a trip to Israel when she was 15 that Hurwitz dedicated herself to bettering the lives of her fellow Jews.

“I was in Israel and I met a girl who I would never see again,” she recalls. “But we shared an instant connection. She was getting off a plane from Russia, and we looked exactly alike. We hugged and kissed. I was wearing a ring I had received as a bat mitzvah present two years earlier. I took it off my finger and put it on her finger.

“It was a defining moment. I knew that I wanted to live my life for every Jew.”

In the years since, Hurwitz has been a passionate supporter of the local, national and international Jewish communities. She is the immediate past national campaign chair of National Women’s Philanthropy, and also 2009 chair of The Associated campaign.

“When I travel to other federations, people often say, ‘Oh you’re from Baltimore!’ Baltimore has such a great reputation.’ And we’ve earned it. The professionals do their jobs way beyond their paychecks, and the volunteers feel it in their clothes [guts]. Everyone does it for the right reasons.

“We’re special because of the people, the traditions and the love for the infrastructure.”

Charles Levine
Owner, Charles Levine Caterers, and Citron

Levine says that the catering business has changed significantly since he started his career at the old Pimlico Hotel in the 1980s.

“These days, people are more knowledgeable about what they work,” Levine says. “Catering has changed, and it keeps changing. It’s not only about food. It’s about entertaining. We’ve had to be very responsive, and we’ve had to maintain strong relationships.”

With his latest venture Citron, a contemporary full-service restaurant in Quarry Lake at Greenspring, Levine will have an opportunity to wine and dine Baltimoreans in a setting and style informed by his three decades in the business.

“It’s been a lifetime of work,” he says. “You have to want to listen and learn, make friends and try to have a little fun.”

KRIEGER SCHECHTER
DAY SCHOOL

of Chizuk Amuno Congregation

Educating the Whole Child - Mind, Heart, and Soul

WINTER OPEN HOUSE:
Tuesday, December 13 at 7 p.m.

To learn more, contact Nissa Weinberg, Director of Admission, 410-824-2066 or nweinberg@ksds.edu

Krieger Schechter Day School of Chizuk Amuno Congregation
8100 Stevenson Road | Baltimore, MD 21208 | www.ksds.edu

KRIEGER SCHECHTER

Building better neighborhoods in Northwest Baltimore by:

• Helping you afford a home
• Helping you improve your home
• Helping you keep your home
• Beautifying and enriching our neighborhood
• Bringing our community together
• Building and managing affordable housing for seniors and people with disabilities
• Strengthening our schools
• Supporting seniors to live independently in their own homes

410-500-5300 | chaibaltimore.org | info@chaibaltimore.org

Krieger Schechter Day School of Chizuk Amuno Congregation
8100 Stevenson Road | Baltimore, MD 21208 | www.ksds.edu

Dr. Steven J. Adashek, MD
CERTIFIED MOHEL

Phone 410.561.9012
Cell 410-733-3540
mohel18@comcast.net

INSURANCE REIMBURSEMENT AVAILABLE
It was at a Hillel conference during his freshman year in college when Manela first heard his calling. “Someone had just gotten up to give a speech on the state of the Jewish environmental movement, and all of a sudden a door opens and this group of young Jewish adults with guitars barge in singing and dancing,” he says. “Everyone spontaneously got up and joined in. It was so vibrant, inspiring and alive.”

“Here was this movement founded on joy and community and ruach (spirit),” I thought, ‘I love these people. These are my people!” Manela’s enthusiasm for the Jewish environmental movement continued to grow during the conference as he learned about global warming, its impact on the Earth and the Jewish obligation to be a steward of the Earth. He’s been building the movement ever since.

“The response from our community has been instrumental in our success,” says Manela. “We’ve got a unique recipe here! Our work is not just a flash in the pan, but an enduring source of strength and commitment.”

Rachel Garbow Monroe
President and CEO, Harry and Jeanette Weinberg Foundation

Monroe has been leading people for decades, including stints as chief operating officer at The Associated and marketing manager for the JCCs of Chicago.

“I believe that change often has nothing to do with money,” she says. “Money is a tool, but it is not necessarily the power of change. Driving real change, in my experience, relies upon fundamental, intangible qualities including recognition of opportunities, building a powerful team to create and act upon a vision, and empowering others to act on that vision.”

“Whether one looks at the Baltimore Library Project, the Journey Home (an international workforce development initiative involving the Jewish Funders Network), or our support of affordable housing for people with disabilities, the Weinberg Foundation, alone, could never be as effective without amazing partners and a commitment to collaboration.”

Randi Pupkin
CEO and Founder, Art With A Heart

Despite his many administrative responsibilities, Perman finds time to treat patients and teach students from UMB’s six professional schools at his weekly President’s Clinic. Perman says his main reason for doing so is a “selfish one. It makes me happy. My roots are as a pediatrician. I’ve been doing it for 30 years. The second reason why I do this is because it literally keeps me in touch with our learners.”

In his work with graduate students, Perman stresses the need to be cognizant of the social determinants of patients’ lives. “It’s all well and good to say I diagnosed them and gave them a prescription. But you have to understand the person in terms of their environment. Whether a kid gets better may depend upon his landlord as much as his doctor. It is so critical to be a good listener.”

Tikkun olam, the Jewish principle of repairing the world, drives much of Perman’s work and mission.

“It’s all well and good to say I diagnosed them and gave them a prescription. But you have to understand the person in terms of their environment. Whether a kid gets better may depend upon his landlord as much as his doctor. It is so critical to be a good listener.”

“I think, ‘I love these people. These are my people!” Manela’s enthusiasm for the Jewish environmental movement continued to grow during the conference as he learned about global warming, its impact on the Earth and the Jewish obligation to be a steward of the Earth. He’s been building the movement ever since.

“The response from our community has been instrumental in our success,” says Manela. “We’ve got a unique recipe here! Our work is not just a flash in the pan, but an enduring source of strength and commitment.”

Despite his many administrative responsibilities, Perman finds time to treat patients and teach students from UMB’s six professional schools at his weekly President’s Clinic. Perman says his main reason for doing so is a “selfish one. It makes me happy. My roots are as a pediatrician. I’ve been doing it for 30 years. The second reason why I do this is because it literally keeps me in touch with our learners.”

In his work with graduate students, Perman stresses the need to be cognizant of the social determinants of patients’ lives. “It’s all well and good to say I diagnosed them and gave them a prescription. But you have to understand the person in terms of their environment. Whether a kid gets better may depend upon his landlord as much as his doctor. It is so critical to be a good listener.”

Randi Pupkin
CEO and Founder, Art With A Heart

“I am hopeful about Baltimore,” says Pupkin. Pupkin’s optimism, in the face of the many challenges faced by the city, comes from real-life experiences.

Since the former litigator founded Art With A Heart Inc. 16 years ago, she has seen firsthand that real change is possible when people come together to participate in innovative programming that engages their creativity and humanity.

Art With A Heart’s leadership program brings together 10th and 11th grade students from Baltimore’s independent and public schools in an attempt to break down racial and socioeconomic barriers, and to encourage authentic, productive conversations.

As part of the training, students receive a tour of Baltimore that includes parts of the city that some students have never seen.

“Some of the kids, when they think of going downtown, they think of the Inner Harbor,” says Pupkin. “They didn’t know these other parts of the city existed.”

Rachel Garbow Monroe
President and CEO, Harry and Jeanette Weinberg Foundation

Monroe has been leading people for decades, including stints as chief operating officer at The Associated and marketing manager for the JCCs of Chicago.

“I believe that change often has nothing to do with money,” she says. “Money is a tool, but it is not necessarily the power of change. Driving real change, in my experience, relies upon fundamental, intangible qualities including recognition of opportunities, building a powerful team to create and act upon a vision, and empowering others to act on that vision.”

“Whether one looks at the Baltimore Library Project, the Journey Home (an international workforce development initiative involving the Jewish Funders Network), or our support of affordable housing for people with disabilities, the Weinberg Foundation, alone, could never be as effective without amazing partners and a commitment to collaboration.”

Randi Pupkin
CEO and Founder, Art With A Heart

“I am hopeful about Baltimore,” says Pupkin. Pupkin’s optimism, in the face of the many challenges faced by the city, comes from real-life experiences.

Since the former litigator founded Art With A Heart Inc. 16 years ago, she has seen firsthand that real change is possible when people come together to participate in innovative programming that engages their creativity and humanity.

Art With A Heart’s leadership program brings together 10th and 11th grade students from Baltimore’s independent and public schools in an attempt to break down racial and socioeconomic barriers, and to encourage authentic, productive conversations.

As part of the training, students receive a tour of Baltimore that includes parts of the city that some students have never seen.

“Some of the kids, when they think of going downtown, they think of the Inner Harbor,” says Pupkin. “They didn’t know these other parts of the city existed.”
For the past couple of decades, Schlossberg-Cohen has been creating community through his public art projects. His community works include murals in schools, JCCs, housing sites, hospitals, summer camps and nonprofit organizations.

"Through art, we get people to sit down to talk to each other," he says. "With art, we can explore the most difficult and the most joyful subjects. The process is more important than the project."

One of Schlossberg-Cohen's favorite works is the Sukkah he and Temple Emanuel congregants built, rebuilt and redecorated for many years. "It was a rallying point for the congregation that included students in the religious school and individuals and families in the congregation. Over the years, we discovered this was very powerful for everyone. It's a painting of our journey as a congregation. The voice of the community is in the art."

Recently, Schlossberg-Cohen was asked to work on a project with Jews and Catholics at a JCC in the Polish city of Krakow. "It was extraordinary," he says, "to see Jews and Catholics working together to rebuild Jewish life there."

"Seeing the sheer excitement and appreciation on the faces of the young and old was simply indescribable, and the worldwide Jewish community made it happen. It was awesome and awe-inspiring. I was hooked from that moment on."

Under the stewardship of Terrill, The Associated is nationally recognized as one of the strongest Jewish federations in North America. Terrill, who has led the organization since 2003, says the secret of The Associated's success can be explained by the community's willingness "to change, take risks and to dare to dream."

"In large measure, the reason for the sustenance of Jewish life in Baltimore has shifted from one based predominantly on anti-Semitism and Israel's fragility to one more connected to Jewish values and the community's willingness "to change, take risks and to dare to dream."

"In essence, it's somewhat of a renaissance in Judaism. Today, we're focused on engagement, learning and connection. It's much healthier."

In the coming decade, Terrill envisions "a community powered by individuals who embrace our proud tradition, are respectful of diversity of opinion and supportive of those who need a helping hand or a lift up, and one engaged with us in the work in progress that is our wonderful Israel."

Our community understands that in order to have all this, everyone has to play an active role."

As the youngest Howard County executive in history, Ulman served two terms before leaving government to form Margrave Strategies. Margrave is a consulting company that works with clients — primarily the University of Maryland, College Park, and recently Towson University — to create "great innovative eco-systems in and around the universities."

Currently, Ulman is chief strategy officer for economic development for both universities. Recently, Money Magazine named Columbia the best place to live in the country, so clearly Ulman and other Howard County leaders are doing something right. Ulman attributes his leadership success to his tendencies to "dream big and to hire the most talented people I can find to execute my vision. We never settle for mediocrity."

"When people say to me, 'Really, you're going to be like Ann Arbor, Palo Alto, Chapel Hill?' I say, 'No, we're going to be better. We are building the greatest university towns in the country.'

"What inspires Ulman? "I see so much potential. I enjoy looking at the world as a glass half full," he says. "We can build on our strengths."

Growing up with parents who were deeply involved in the inner workings of the Jewish community, Weinberg says she has leadership in her blood.

"My mother, Sandra Silberman, was chair of Levindale (Geriatric Center and Hospital), and my late father, Eugene Silberman, was chair of the Baltimore Zborov District. They were a big influence, and there was always an expectation that I would be involved in the Jewish community," says Weinberg, former executive director of Acharai: The Shoshana S. Cardin Jewish Leadership Institute and the Daniel D. Friedman Institute for Professional Development at the Weinberg Center.

"Leaders who are trained to lead have a greater impact. Leaders who are intentional — about making change, looking to the future and continue their Jewish learning — are better able to find solutions."

The best leaders, she adds, "are good listeners, open to learning and willing to change their opinions. Passion is also crucial for leadership. Our community will only grow and thrive through leadership. It's our greatest asset."
Tel Aviv
It's not every day you see a dog getting a massage. But in this Israeli city, somehow it seems expected.

At Tel Aviv's recent first official dog festival, hundreds of canines took over Yehoshua Park and its dog park. As canine customers wandered among vendors selling dog-related products and services, 413,000 people, ahead of its dog festival, called "KolAviv" (a portmanteau of Hebrew for dog, and Tel Aviv), Tel Aviv declared itself the friendliest world city for dogs, with most dogs per capita.

Dogs crowded the streets of Tel Aviv, encouraged by its year-round sunshine and walkability. They're allowed in most cafes, stores and even high-end restaurants, as well as on city buses and trains and in taxis.

Tel Aviv boasts 70 dog parks and four dog beaches. The regular parks and legally dog-free beaches have their fair share of dogs, too, many of them off-leash regardless of regulations.

Florencia Aventurinna, a 27-year-old media manager, and Hod Kattan, a 33-year-old software engineer, each had a dog in tow at Kelaviv. In the month the two Tel Avivians have been dating, their dogs, Sandy and Chuni, have been part of the relationship. "I grew up with a dog outside Tel Aviv, and it was nice, but not the same," Aventurinna said. "In Tel Aviv you take your dog everywhere, and you’re part of your community."

Perhaps more than other urbanites, Tel Avivians demand that their dogs be accommodated. Businesses know that barking dogs means losing business and that they likely hear about it on Facebook. It helps that Tel Aviv is an informal city, in an informal country, where T-shirts and sandals are appropriate attire at most restaurants, not to mention weddings. Even Hotel Montefiore, a premier local restaurant and hotel, welcomes dogs.

More and more Tel Aviv-based businesses exist specifically to serve dogs. You can't walk more than a few blocks in the city without coming across a pet store. Many such businesses were at Kelaviv, including high-tech startups like DogFen, a fast-growing dog walking service that sends owners photographs of their dogs on WhatsApp, and Dogiz, an app that helps owners find dog services in their neighborhood and lets them track walks in real time.

Faith In Dogs
Kelaviv was the brainchild of Tal Hollander, a Tel Aviv resident who was in Yehoshua Park with his dog when he was struck with inspiration. He contacted the city, which helped him plan the event over several months.

"Many people had doubts about this," Hollander said. "How will the dogs behave? That was the biggest question. But I had faith in the dogs, and I was lucky to find a nice girl at the city who wanted to help."

In 2017, the city plans to launch a service called DigDog to give pet owners in Tel Aviv personalized updates on pet-friendly events and services, as well as deals from local pet companies. The service will be based on the city's award-winning Digital service for human residents.

Dogs also have cultural cache in Tel Aviv. Rescuing them from shelters is a full-blown trend. Several shelters were represented at Kelaviv. And at least two set up shop on the streets of the city every weekend, lining up dogs to be adopted or fostered, or to recruit donations and volunteers. In the Florentine neighborhood in south Tel Aviv, which many call the city's hippest enclave, the city estimated every third person has a dog. The rescue dog craze can be seen as part of the larger animal rights movement centered in Tel Aviv. Vegan activism, which in Israel tends to highlight cruelty to animals, is common on the streets of the city and on social media. Activists estimate 4 percent of Israelis are vegans, a higher ratio than in any other country, and new vegan and vegan-friendly restaurants pop up in Tel Aviv all the time.

By flaunting their dog friendliness, secular Tel Avivians also distinguish themselves from Israel's poorest communities, Arabs and Haredi Orthodox Jews, for whom dog ownership is rare. That's partly because there are traditional taboos about dogs in both Judaism and Islam, according to Shir-Vetzne.

But don't tell that to Agriculture Minister Uri Ariel, a member of the religious Zionist Jewish Home political party's more religious faction, Tzuma. Along a doggy red carpet at Kelaviv where mutts and purebreds could strut their stuff, he was among the politicians who appeared on a series of posters promoting animal adoption.

"It's just a different way of seeing the world," says Aventurinna. "We’re a very open society, and we love animals. We love dogs. We love cats. We love all animals."

By Andrew Tobin, JTA
Feeling Punk

A new documentary chronicles the Jewish impresario behind The Ramones, The Doors and other rock legends.

By Gabe Friedman, JTA

If you’re a rock fan, you’ve probably heard of bands like The Doors, The Ramones and The Stooges. But chances are you haven’t heard of Danny Fields.

Fields, a Jewish guy from Queens, N.Y., deftly made the punk scene happen. He helped sign now-iconic groups to record labels, get them on magazine covers and ultimately etch them into the rock ’n’ roll lexicon.

The Ramones, a black-clad group of scruffy, fellow Queens natives. “They were like the MC5 and The Stooges, except that they were funny and ironic,” Fields says of The Ramones. “And, like Jews, they were steeped in the showbiz tradition.”

Singer Joey Ramone (who was born Jeffrey Hyman) and drummer Tommy Ramone (born Thomas Erdelyi) to Hungarian Holocaust survivors were both Jewish. “Danny Says” follows Fields’ exploits, from doing drugs with Jim Morrison to nearly getting punched in the face by a co-worker at Elektra Records.

However, the film omits Fields’ post-Ramones life. He eventually fell from the industry’s inner circle and returned to journalism. Now 77 and still living in New York, Fields earlier this year released a book of Ramones photographs. He had vowed never to watch the final cut of the film about him, but wound up viewing a DVD that director Brendan Toller left him.


Or as Beeber puts it, Fields remains “forever at heart a nice Jewish boy who embodied punk’s simultaneous reaction against yet embrace of New York Jewishness.”

Not a bad reputation to have.

Gabe Friedman writes for the JTA international news agency and wire service.
Drawing is not a prerequisite for art classes at the Edward A. Myerberg Center. Just ask Paul Timin who walked into a class a few years ago not knowing how to draw and has since become an amateur painter.

We talked with Paul, and two of his classmates, David and Bonny Walker, about the art program at the Myerberg and the friendships they’ve developed there.

What made you take up art?
David: My sister-in-law had an art party and I really had a good time painting. Bonny was taking art classes at the Myerberg and I started a year or two later.

Bonny: My husband had retired and I encouraged him to join me.

Paul: When I began, I had no art experience. I’m an amateur photographer and I wanted to paint some of my photos. At first, I couldn’t draw but I realized you don’t have to draw to be a reasonably good artist. And the funny thing is – I learned to draw along the way.

What do you enjoy most?
David: I enjoy painting people, pets and still lifes, some of which are hanging in our home and homes of our family members, and others are resting in our basement!

Bonny: The class has become a social outlet for us. We often go to lunch afterwards. There’s great camaraderie, we have similar interests and we love getting together.

Paul: It’s nice to develop these relationships later in life.

I know you’ve sold a few pieces. Tell me about the Balloon Man.
Paul: It’s actually a funny story. Several years ago I took a photo of a gentleman, a “balloon” man when I was at the Farmer’s Market under I-83. He was making balloon animals for kids. There was a little girl in front of him and I photographed her with a doll in her knapsack. A few years later, I took a look at the picture and thought, ‘I bet I can paint it.’ After I did, I decided to showcase it at the Myerberg’s art exhibit. A staff member saw the painting, recognized the balloon man as her friend’s husband. The painting was purchased by the balloon man’s wife.

I heard your class travels together?
Bonny: The Myerberg holds an art exhibit several times a year. Everyone has a chance to select up to three pieces of their art. The teachers also exhibit. There are multi-media pieces, ceramics, paintings. If you want, you can put prices on your work and see if they sell.

Bonny: We’ve taken some great trips together to visit artists in their studios as well as art galleries, the BMA and museums in the D.C. area.

David: I really enjoyed our art class trip to the Phillips Collection in Dupont Circle, where there is a wonderful collection of American and European, modern and impressionistic art.

It sounds like you’re all friends.
Bonny: The class has become a social outlet for us. We often go to lunch afterwards. There’s great camaraderie, we have similar interests and we love getting together.

Paul: It’s nice to develop these relationships later in life.

By Rochelle Eisenberg

The Edward A. Myerberg Center will hold an Open House on November 13, 11:00 a.m. to 3:00 p.m. Stop by to sample an art class, try a fitness class, meet the trainers or work out on your own. Learn more about Myerberg’s social clubs. For information, go to myerberg.org or call 410-358-6856.
Baltimore native Jayne Havens recently returned to her hometown where she is now a Community Connector in Lutherville. Pictured with husband Jonathan, and children, Sid (left) and Ivy.

A Mom’s Challah Bake at the Ritz Carlton and a Dad’s Malt Night to drink scotch and learn Torah are just a few Community Connector programs.

Connectors bring together families with children, ages three to six. There is a separate Ahava Baby program for families with children, birth to age two.

In the past year, connectors have hosted a range of programs from a Mom’s Night Out Challah Bake at The Ritz Carlton in Baltimore to family Havdalah programs at the Downtown Baltimore JCC. For the past two years one of the Mt. Washington connectors created a fantasy football draft – women only.

There was even a night for Dads. Twenty men turned out for Walt Kien – a night in which Dads drank scotch while learning Torah. Jayne is planning several intimate events, such as a play date at the park and an ice cream outing, so friends can get to know one another on a personal level. As she grows the group, Jayne sees herself becoming a Jewish resource for Lutherville families, helping them navigate preschool and camp options, as well as directing them to Jewish programming throughout the community.

“Although I’m from Baltimore, I think this is a wonderful way for me to meet friends in my new community who have similar interests and who face similar challenges,” she says.

Currently, there are seven connectors, working in Canton, Lutherville, Pikesville, Mt. Washington and Southeast Baltimore. CJE plans to expand to Towson and Roland Park later this year.
An Evening with Colombian Jazz Harpist Edmar Castaneda
8 p.m.
Creative Alliance at The Patterson
3134 Eastern Ave, Baltimore
Edmar has quite literally taken the world by storm with the sheer force of his virtuosic command of the harp. For this event, he will perform with his trio, including drums and trombone. creativealliance.org
Nov. 4 | Motown Strutters Ball: Tongue in Cheek Record Release Show w/ The Bellevederes
8 p.m.
Creative Alliance at The Patterson
3134 Eastern Ave, Baltimore
Bring your dancing shoes and wear your best vintage dress from anywhere between the ‘20s and the ‘60s for a night paying tribute to New Orleans greats like Louis Armstrong and more. creativealliance.org
Nov. 5 | The Cris Jacobs Band with Amy Helm & the Handsome Strangers
8 p.m.
Gordon Center for the Performing Arts
3506 Gwynnbrook Ave, Owings Mills
Join singer-songwriter Amy Helm, daughter of the late Levon Helm, as she collaborates with Baltimore-based singer-songwriter Cris Jacobs for a night of soul, bluegrass, folk and funk. jcc.org
Nov. 6 | National Aquarium: Pay What You Want Day
9 a.m. – 5 p.m.
National Aquarium in Baltimore
501 E. Pratt St.
Guests may choose their admission price to access nearly 20,000 animals in award-winning exhibits. aquarium.org
Nov. 7 | Israel Story LIVE
7:30 p.m.
Gordon Center for the Performing Arts
3506 Gwynnbrook Avenue, Owings Mills
An evening of magical live radio with the creators of Israel Story—the award-winning radio show and podcast that use public radio icon Ira Glass’s web site “Israel This American Life.” jcc.org
Nov. 8 | Election Night Party
7 p.m.
Baltimore Museum of Art
101 W. Pratt St.
Join in galleries conversations on the intersection of art and politics, and stay up-to-date on election results. Cash bar and concessions. Tickets required. artbma.org
Nov. 9 | Growing Up Wild
6:15-9:15 p.m.
The Louise D. & Morton J. Macks Center for Jewish Education
5708 Park Heights Avenue, Baltimore
Presented by a naturalist from the Maryland State Department of Natural Resources, participants will learn how to connect children to nature through 21 hands-on, developmentally appropriate activities. Registration required. cjebaltimore.org
The Great Challah Bake: Song, Spirituality & Sisterhood
6:30-9:30 p.m.
Baltimore Convention Center
1 W. Pratt Street, Baltimore
Join the Baltimore Challah Project and over 4,000 Jewish women as they roll, dance, knead, braid, sing and sway. baltimorechallahproject.org
Rabin Memorial Event
7-9 p.m.
Jewish Federation of Howard County
10630 Little Patuxent Parkway, Columbia
Suite 400, Columbia
Author Avraham Atzili will speak about Yisrael Rabin’s vision for Middle East peace on the 20th anniversary of the Israeli prime minister’s assassination. Fee and open to the public.
410-730-4976 or Associated.org/Rabin
Nov. 10 | Communal Challah Bake
7 p.m. – 9 p.m.
Beth Shalom Synagogue
8070 Harriet Tubman Ln., Columbia
The Great Challah Bake is part of the international Shabbat Project. Women in 65 countries and 465 cities, will be making and baking challahs at the same time. Sponsored by the Jewish Federation of Howard County.
Sophia Novinsky
410-730-4976, ext. 103
Nov. 12 | Community Sponsored One Day Havdalah Concert featuring Matisyahu
7:11 p.m.
Rams Head Live
20 Market Place, Baltimore
The Baltimore Shabbat Project presents this program focused on the theme of light. Contribute to an art installation, prepare holiday cards, and watch Matisyahu lead Havdalah.
Shabbat & Schmooze
10 a.m.
Temple Isaiah
12,200 Scaggsville Rd, Fulton
Scholar-in-Residence Rabbi Richard F. Address will discuss “Creating New Rituals.” A Kiddush lunch will follow. Rabbi Address, founder of JewishSacredAging.com, will speak at other times during the weekend.
Call 301-317-1801 or templaiasherashabbat.org
Nov. 12 | Beth Israel’s Double Celebration
6:45 p.m.
Beth Israel
3706 Crondall Lane, Owings Mills
Celebrate Rabbi Jay Goldstein and his wife Cindy’s 20 years of service to the congregation with a dinner, toast, and dancing celebration. Call Becca 410-564-0800 or email specialevents@bethisraelom.org
Nov. 13 | Preserving Their Voices: Stories of Holocaust Survival
3 p.m.
Jewish Museum of Maryland
15 Lloyd Street, Baltimore
Dr. Uta Larkey and Goucher University student present projects from their class. Oral Histories of Holocaust Survivors – An Experiential Approach, based on oral histories from Holocaust survivors from the community. jehewishmuseummd.org
Young professionals at the 2015 IMPACT Gala share a few laughs and stories. Photo by David Stuck

“arly 2:45 p.m.
Creative Alliance at The Patterson
3134 Eastern Ave., Baltimore
Children observe, draw and touch different animals from around the world. See different textures, colors and shapes of four unique species perfectly adapted to their own environments. Ages 4-11. creativealliance.org

IMPACT’s 2016 Generosity Gala
8:30 p.m. – 11:30 p.m.
Horseshoe Casino
1525 Russell Street, Baltimore
Join IMPACT for an evening of doing good, dancing and a comedic performance from Nick Turner at their third annual Gala. Register by 11/15. associated.org

Nov. 19 | Kids Drawing Zoo
Noon-2:45 p.m.
Creative Alliance at The Patterson
3134 Eastern Ave., Baltimore

Nov. 18 | Art After Hours & Stoop Stories
8-11 p.m.
Baltimore Museum of Art
10 Art Museum Drive, Baltimore
Experience late night access to exhibitions, participate in art challenges to win prizes, create art, enjoy music, food and drinks. Hear true personal tales in Making Their Mark: Stories about People, Places & Things That Shape Us. Tickets required. artbma.org

Nov. 20 | Global Day of Jewish Learning
2-5 p.m.
HGC Health Sciences Building
10001 Little Patuxent Pkwy., Columbia
This year’s theme is “Under the Same Sky: The Earth is Full of Your Creations.” The event will include more than a dozen Rabbis from Howard County teaching during the afternoon, with two sessions and a break in between with time to schmooze and enjoy snacks. jewishhowardcounty.org

Nov. 25 - 27 | Kennedy Krieger Institute’s Festival of Trees
9 a.m. – 4 p.m.
Maryland State Fairgrounds
2200 York Rd., Timonium
Support the children of Kennedy Krieger with a three-day, family event featuring more than 700 uniquely decorated holiday trees, wreaths and gingerbread houses, entertainment, princess visits, and over 100 gift boutiques. festivaloftrees.kennedykrieger.org/

Nov. 26 @ 5 p.m. & Nov. 27 @ 3 p.m.
The Nutcracker
The Jim Rouse Theatre
5460 Trumpeter Rd., Columbia
Come join Clara and her magic Nutcracker on a magical holiday adventure in this traditional Russian Nutcracker professional production. russballet.org

Nov. 29 | #GivingTuesday
8:30 a.m. – 8 p.m.
Jewish Federation of Howard County
10630 Little Patuxent Parkway
Suite 400, Columbia
Your gift to the Jewish Federation of Howard County can build a better Jewish future in Howard County, Israel and around the world. Help us make calls and connect to the community at the Federation office. jewishhowardcounty.org

To submit your own event, go to our online calendar.
Compiled by Jessica Laws

ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY
NOVEMBER 8, 2016 • ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY

Family owned and Operated Since 1928
Where You Buy is Just As Important as What You Buy

We Service Most Brands We Sell
Bosch, Frigidaire, GE, Jennair, Kitchen Aid, LG, Maytag, Monogram, Samsung, Thermador, Viking, Whirlpool and More!

store hours Mon & Thurs 9-8, Tues, Wed, Fri 9-5:30, Sat 9-5.
410-484-1333 www.cumminsappliance.com
1708 Reisterstown Rd Baltimore, MD 21208

Just As Important
Where You Buy is

Family owned
and Operated
Since 1928

AFT Maryland
is encouraging its members — teachers; parents; school-related personnel; state, county and city employees; and members of the health care professions — to register and vote.

Our future depends on it!

Monagram, Samsung, Thermador, Viking, Whirlpool and More!

Since 1928

We Service Most Brands We Sell
Bosch, Frigidaire, GE, Jennair, Kitchen Aid, LG, Maytag, Monogram, Samsung, Thermador, Viking, Whirlpool and More!

store hours Mon & Thurs 9-8, Tues, Wed, Fri 9-5:30, Sat 9-5.
410-484-1333 www.cumminsappliance.com
1708 Reisterstown Rd Baltimore, MD 21208

58 JMORELIVING.COM

59 JMORELIVING.COM

ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY
NOVEMBER 8, 2016 • ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY • ELECTION DAY

Family owned and Operated Since 1928
Where You Buy is Just As Important as What You Buy

We Service Most Brands We Sell
Bosch, Frigidaire, GE, Jennair, Kitchen Aid, LG, Maytag, Monogram, Samsung, Thermador, Viking, Whirlpool and More!

store hours Mon & Thurs 9-8, Tues, Wed, Fri 9-5:30, Sat 9-5.
410-484-1333 www.cumminsappliance.com
1708 Reisterstown Rd Baltimore, MD 21208

58 JMORELIVING.COM

59 JMORELIVING.COM
One trend widely seen on Fashion Week runways was fringe. This year’s style-savviest collars, purses, jeans and hemlines shimmered with playful tassel-edged appeal.

Fringe has a history that spans centuries and has been celebrated for both its practical and aesthetic properties. Native Americans used fringe as a way to repel rain from clothing. In the 1920s, the risqué flapper dress personified female rebellion from Victorian norms, while in the 1969 film “Easy Rider” Dennis Hopper’s iconic fringed jacket transformed fringe from a symbol of the counterculture to the height of hippie chic.

This season, designers have freshened up fringed fashions with a dose of sophistication. Delicate curtains of silky fringe adorn the hemlines of chic sheaths while skirts are sliced into swingy suede strips and chunky knit tassels add élan to traditional cable knit sweaters. Ho-hum tote bags are transformed into sassy satchels with rows of cascading fringe. Clutches are freshened up with swirly leather tassels, and basic booties get a boost with fringed shafts. The classic moto jacket gets a much-needed lift in sumptuous suede with fringed sleeves. Fringed cuffs are the perfect update for tired skinny jeans, while frayed edges give a deconstructed look to cropped knit jackets and cozy fringed cashmere wraps are the perfect antidote to dropping temps. All told, fringe is popping up in many unexpected permutations.

Fringe fearful? Try dipping a tentative toe into this trend by donning a festive pair of tasseled chandelier earrings or layer a bejeweled tassel necklace with your everyday pieces for a seamless update.

By Laurie Legum
Laurie Legum is a Baltimore-based freelance writer.

Fringe Benefits

A Style Studio $370 Alashan Cashmere cardigan

Alice Jane $58 Beaded pendant necklace

Alice Jane $405 Pearl, raw sapphire and diamond pendant necklace

A Style Studio $198 Margaux instasculpt ankle skinny jeans

A Style Studio $315 Alashan Cashmere topper

A Style Studio $80 Project star

A Style Studio $455 Whiting Davis chain fringe handbag

A Style Studio $65 Inzi shoulder bag

A Style Studio $135 Alashan Cashmere topper

Alice Jane $180 Pearl tassel pendant necklace

Alice Jane $172 Show Me Your Momma tan suede jacket with fringe

Alice Jane $200 Charm Circle necklace

A Style Studio $370 Alashan Cashmere cardigan

Weren’t able to make it to New York Fashion Week? We’ve got the lowdown.
Sports

A Stern Approach
UMBC women’s basketball coach has helped the Retrievers grow for 15 years.

By Jeff Seidel

Phil Stern was thrilled simply to have a Division I coaching job when taking over the women’s basketball program at the University of Maryland, Baltimore County before the 2002-2003 season.

Stern joined the Retrievers with a four-year plan he hoped would bring victories to Baltimore. He wound up needing a bit of a longer plan.

Stern is about to start his fifth season at UMBC. In addition, Stern recently received a contract extension through the 2020-2021 season, which would keep him at the school for nearly two decades, something that does not happen often at the Division I level.

But Stern is happy it did. ‘He’ll have a team this season that returns a number of players from last year’s 18-14 group that went to the second round of the Women’s Basketball Invitational, where the women Retrievers won a postseason game for the first time in the program’s history (a 61-69 victory over Fairfield).

Under Stern’s guidance, the Retrievers have made it to the NCAA tournament, the WNIT and WBI — three different postseason tournaments that demonstrate the success they’ve had under his hand.

Stern is a big believer in how much postseason play can help a program.

“The experience of playing in the post-season is going to help us moving forward, and just the excitement it generated on campus — it was a really cool experience,” Stern said of the team actually hosting a WNIT game last winter. “Making a postseason tournament helps. It always helps recruiting and always gets your team a little more exposure. It’s something that just adds on to how attractive UMBC actually is.”

Stern doesn’t just look at wins, though, as his teams constantly fare well in the classroom. He’s not just thinking about X’s and O’s on the basketball court. He wants the women to get good grades and prepare for more than the sport.

The UMBC teams coached by Stern have always posted at least a 3.0 GPA. In fact, his 2009-2010 team finished with the third-highest GPA in the country among NCAA Division I women’s teams (3.578).

All 11 members of that team made the America East (the conference UMBC plays in) Honor Roll for finishing with a GPA of 3.0 or higher during the spring semester.

Seven players also got Commissioner’s Honor Roll honors as they earned at least a 3.5.

“I am so pleased that Phil will be continuing to lead our women’s basketball program well into the future,” UMBC Director of Athletics Tim Hall said when the new contract was announced this summer. “His recruiting contacts are vast, and his basketball acumen is as strong as there is in the game.

“What really sets him apart, though, is his comprehensive commitment to the academic success and welfare of his student-athletes. I am confident that we are in a really good position to build on his program’s recent success.”

Stern hails from Oceanside, N.Y., on Long Island. That’s where he grew up and had his bar mitzvah, at the Oceanside Jewish Center. He’s proud of his heritage, while saying it came up a bit — but not in a bad way — when he worked in the South.

“There weren’t many Jewish people down there,” Stern said. “It doesn’t really come up anymore. I think there’s more and more Jewish people in coaching, it hasn’t been a big deal.”

Stern graduated from Concordia College in 1994 and lives in Baltimore. He’s married to Ashley Cieplicki, who is the women’s basketball coach at Rutgers Newark, so basketball remains a big part of his family.

Stern came to UMBC after coaching in high school and then at Dowling College (N.Y.) for two years before moving to South Carolina and taking over the USC Aiken program (1998-2002). Stern twice won Peach Belt Conference of the Year honors (2000, 2002) before taking the UMBC job.

Stern now is looking forward to the opening of the new arena at UMBC, which should come in late 2017. He sees that as something that will help his program grow even more — kind of part of his new plan that’s stretched out a little longer.

“I think that you always have to evolve and change with the times,” Stern said. “I’m very fortunate. [Coaching in one spot for a long time] doesn’t happen to a lot of coaches nowadays.”

Jeff Seidel is a Baltimore-based freelance writer.

Grudges That Won’t Budge
Charm City sports fans sports fans never forget a slight.

by Stan ‘The Fan’ Charles

Our hometown is a pretty unique place, and the locals have some cool ways of showing that uniqueness. For instance, take our adorable ritual of yelling “Oh!” at the top of our lungs during the singing of the national anthem.

But something else Baltimore sports fans do that’s not so cool is hold a grudge against any and all perceived slights. A recent example played out at Camden Yards in September involving a visiting player on the verge of retiring after a terrific 14-year career. And this episode jogged my memory to the most downright dumb grudge Baltimoreans held against anyone in sports.

Local boy Mark Teixeira is finishing up a wonderful career, the last eight years with the dreaded New York Yankees. Eight and a half years ago, when he was looking for a long-term, free-agent contract, the Rockies were eight years into their 14 seasons in purgatory. Needless to say, Teixeira was seen by a lot of O’s fans as a perfect first step in what would still be another three to four seasons of a rebuild.

But Teixeira was already six seas- ons into his big league career. When he signed with the Yankees for eight years and $180 million, he was looking for a lot of things out of his next contract. He wanted length, dollars and to win. Well, it’s baseball and the dollars are going to be roughly the same over a five-year period, but the team with 26 World Series titles offers you eight years and approximately $66 million more in compensation, who would you have picked?

But for eight years, whenever the Yankees came to Baltimore, wherever Teixeira’s name was announced over the loudspeaker, the “boo birds” were predictably out, loud and clear.

Elway Syndrome
By far, Baltimore’s all-time sports small-mindedness centers on Hall of Fame, two-time Super Bowl winning quarterback John Elway. Drafted No. 1 overall by the Baltimore Colts, Elway com- ing out of Stanford was Mickey Mantle and Johnny Unitas all rolled into one.

Elway was going to be the key to a turnaround for the Colts. At least that’s what the disaffected fans of the blue- and-white thought. After all, by April of ’83, when Elway was drafted, owner Robert Irsay had been exposed as a buffoon and a drunk, and the fans had turned against him.

Elway’s father, Jack, was a Division I head football coach at Cali- fornia State University, Northridge and San Jose State University. He knew and coached against Frank Kush, then the Colts’ head football coach. Not only were Jack and John gun-shy about ending up in a Baltimore that had Irsay as the principal owner of the football team, but Jack didn’t want to have his son play for Kush.

Some of you will remember that John Elway — like Tim Tebow today — had been quite a baseball player in high school. As a hedge against the Colts and a means of trying to get himself traded away from the Colts, Elway played for a Yankees farm team in Oneonta, N.Y., in 1982.

The story goes, according to former Colts general manager Ernie Accorsi, that despite all the angst about playing for Irsay and Kush, Elway was ready to sign with the Colts. But Irsay, tiring of negotiating against a young player with a world of leverage, traded him to the Denver Broncos.

Less than a year later, the Colts were on to Indianapolis, and Baltimore was left with a bitter breakup. But a breakup that was somehow Elway’s fault?

When I talk to people who were rabid Colts fans, they still hate Elway. I even remember when Ravens GM Ozzie Newsome was able to “steal” Elvis Dumervil away from Elway at the last minute of a somewhat contentious negotiation between Elway and Dumervil, a bunch of Ravens fans of a certain age were happy Newsome stuck it to Elway.

But if you dig under the surface, you may remember Newsome, who played for the Browns, was on the losing end of two bitter losses to the Broncos, mostly due to Elway’s heroics.

Seems, like Baltimore, Newsome has quite a memory, too.

Stan ‘The Fan’ Charles is the founder and publisher of PressBox.

Mark Teixeira

Photo by Stan ‘The Fan’ Charles, UMBC Athletics, Communications

JMORELIVING.COM

62

JMORELIVING.COM

63
SPIRITUAL MATTERS

“And we sign it with our deeds...”

Two years ago on Rosh Hashanah, congregants gathered at Temple Adas Shalom in Havre de Grace had the chance to actually place their deeds into the Book of Life. With glue, stones and kvanah, intention.

Unlike Sukkot with its tactile waving of the lulav and building of the sukkah, and Chanukah with the smell of frying latkes and Chanukah with the smell of frying latkes, Rosh Hashanah and Yom Kippur are largely cerebral holidays. We try to access the memories of embarrassing and mortifying actions that wove in and out of my days during the past year. And thereby flawed and determined to not reveal our flaws, I'm guessing others might feel that relief, too.

I created a large mosaic of an open book, surrounded by sunset-colored stained glass. The word “chaos,” meaning life in Hebrew, is composed of hundreds of pieces of silver costume jewelry I had patience I should have extended to those biases showed, those shameful moments that compromised my integrity. All those words I wish I could delete when I inadvertently pressed that SEND button; the displays of short temper that make me blush as I recollect; the phone calls I should have made to family members; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated.

As a rabbi and mosaic maker, I struggled to find a way that we could really experience the meaning of the Days of Awe. Back in the time of the Temple, the priest put his hands on a goat and sent him off into the wilderness, symbolically bearing the sins of the people. None of us would really want to reinstate that tradition, yet I’m sure it was very evocative and cathartic. Castinng bread crumbs for tashlich into the Susquehanna River is OK, but now we have been told bread causes algae blooms and is not healthy for the fish.

The image of Sefer ha-Chaim, the Book of Life, open before the Divine Judge with the absolute, honest truth of our actual deeds has always taken my breath away. All those surreptitious bad habits, those humiliating situations when my biases showed, those shameful moments that compromised my integrity. All those words I wish I could delete when I inadvertently pressed that SEND button; the displays of short temper that make me blush as I recollect; the phone calls I should have made to family members; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated; the thank-you notes I should have sent; the apologies I should have initiated.

As everyone filed into the temple lobby, there was this large mosaic on a table, just waiting for their “deeds” from the past year to be filled in. Our religious school art teacher showed them how to dip the popsicle sticks into the glue and dab it onto an area of the book. Then, they took a plastic spoon and scooped small colored stones and pieces of mother-of-pearl from a bowl, and sprinkled these onto the gluey area. Most just moved quickly into the sanctuary. But others stopped to meditate quietly on their “sins,” shed a few tears, others chose to sit at the table and continue to glue and sprinkle before entering the service.

That Book of Life now adorns our social hall. People go up and touch it and say, “Here are my deeds.” Tactile, colorful and real, they remind us of our flawed yet glorious humanity.

Rabbi Ruskin is spiritual leader of Temple Adas Shalom in Havre de Grace. Her exhibition “Judaic Mosaics” is currently on display in the Helberger Gallery at Baltimore Hebrew Congregation, 7400 Park Heights Ave.

In Memoriam

The following is a listing of recent deaths in the Greater Baltimore Jewish community. May the memory of the departed always be a comfort to their families, friends, and the mourners of Zion and Jerusalem.

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oct. 29</td>
<td>Sally Palmibaum</td>
</tr>
<tr>
<td>Sept. 30</td>
<td>Dr. Robert Alan Jacobson</td>
</tr>
<tr>
<td>Oct. 1</td>
<td>Melanie Havelock</td>
</tr>
<tr>
<td>Oct. 2</td>
<td>Dr. Michael Billig</td>
</tr>
<tr>
<td>Oct. 3</td>
<td>Heskell Feldman</td>
</tr>
<tr>
<td>Oct. 4</td>
<td>Sophie Frank</td>
</tr>
<tr>
<td>Oct. 5</td>
<td>Elaine Barbara Kaufman</td>
</tr>
<tr>
<td>Oct. 7</td>
<td>David Eli Cooper</td>
</tr>
<tr>
<td>Oct. 8</td>
<td>Marc Witman</td>
</tr>
<tr>
<td>Oct. 9</td>
<td>Albert David Grodin</td>
</tr>
<tr>
<td>Oct. 10</td>
<td>Alan Bernstein Jr.</td>
</tr>
<tr>
<td>Oct. 11</td>
<td>Dr. Robert Alan Jacobson</td>
</tr>
<tr>
<td>Oct. 12</td>
<td>James Lionel Kaplin</td>
</tr>
<tr>
<td>Oct. 13</td>
<td>Phyllis Barstein</td>
</tr>
<tr>
<td>Oct. 14</td>
<td>Daniel Carroll</td>
</tr>
<tr>
<td>Oct. 15</td>
<td>Edward Paul Fire</td>
</tr>
<tr>
<td>Oct. 16</td>
<td>Jack J. Hubberman</td>
</tr>
<tr>
<td>Oct. 17</td>
<td>Melvin Levy</td>
</tr>
<tr>
<td>Oct. 18</td>
<td>Joseph Bormel</td>
</tr>
<tr>
<td>Oct. 19</td>
<td>Tina Asbel</td>
</tr>
<tr>
<td>Oct. 20</td>
<td>Leon Ezriene</td>
</tr>
<tr>
<td>Oct. 21</td>
<td>Marian D. Klein</td>
</tr>
<tr>
<td>Oct. 22</td>
<td>Scott M. Adelman</td>
</tr>
<tr>
<td>Oct. 23</td>
<td>Beverly E. Bernstein</td>
</tr>
<tr>
<td>Oct. 24</td>
<td>Rabbi Morris Kosman</td>
</tr>
<tr>
<td>Oct. 25</td>
<td>Dr. Gene Strull</td>
</tr>
<tr>
<td>Oct. 26</td>
<td>Ronald Winik</td>
</tr>
<tr>
<td>Oct. 27</td>
<td>Pearl S. German</td>
</tr>
<tr>
<td>Oct. 28</td>
<td>Phyllis Barstein</td>
</tr>
<tr>
<td>Oct. 29</td>
<td>Adelle Weissman</td>
</tr>
<tr>
<td>Oct. 30</td>
<td>Ralph Davidson</td>
</tr>
<tr>
<td>Oct. 31</td>
<td>Ellen Stern Federoff</td>
</tr>
<tr>
<td>Nov. 1</td>
<td>Laura Dardick Retman</td>
</tr>
<tr>
<td>Nov. 2</td>
<td>Joseph Bormel</td>
</tr>
<tr>
<td>Nov. 3</td>
<td>Virginia Fisher</td>
</tr>
<tr>
<td>Nov. 4</td>
<td>Ann Greif</td>
</tr>
<tr>
<td>Nov. 5</td>
<td>Florence Stein</td>
</tr>
</tbody>
</table>

PLAN AHEAD

Making a difficult time easier by pre-planning your funeral today

- Pre-arrange your funeral service now to reflect your wishes, and ease the emotional and financial burden to your family

For more information, please visit the Sol Levinson & Bros. website at sollevinson.com.
Union Craft takes beer brewing seriously.

By Laura Laing

The sharp scent of hops is strong in Union Craft Brewing’s tasting room. That’s because four Ziploc gallon bags of the fresh, green, flowering cones are lined up and open along a shelf on a wall.

Over speakers, a cover of “A Whiter Shade of Pale” transitions to head-banging metal. Master brewer and co-owner/founder Adam Benesch sits at the end of the bar, looking at a laptop screen. Behind the bar, 12 taps are lined up like little soldiers, their contents to head-banging metal. Master brewer and co-owner/founder John Zerivitz, are obsessed with the making of beer.

Benesch met Zerivitz in high school and Blodger in college, long before the micro-brewery craze began in the ’90s. Six years ago, the three reconnected and pooled their beer passions. “We were celebrating a beer that was from Seattle or Western Maryland,” Benesch says. “And that just didn’t seem right.”

Two years later, the three started production in their current location on Union Street in Baltimore’s Woodberry neighborhood. It was the first time that Charm City had hosted a production brewery since Natty Boh left 30 years before.

Good for What Ales Ya

Union Craft is brewing Foxy, a red IPA only available in the fall. But it’s not likely that Union co-owner/founder Adam Benesch will crack open one of his cold brews at the end of the day. His obsession has long passed the simple pleasures of imbibing. He and his partners, Blodger and marketing director John Zerivitz, are obsessed with the making of beer.

Benesch met Zerivitz in high school and Blodger in college, long before the micro-brewery craze began in the ’90s. Six years ago, the three reconnected and pooled their beer passions. “We were celebrating a beer that was from Seattle or Western Maryland,” Benesch says. “And that just didn’t seem right.”

Two years later, the three started production in their current location on Union Street in Baltimore’s Woodberry neighborhood. It was the first time that Charm City had hosted a production brewery since Natty Boh left 30 years before.

Can It

Union is a start-to-finish production brewery, from purchasing the ingredients and brewing in shiny, stainless steel tanks to canning and distribution. The brewery started with 7,000 square feet, expanding as adjacent properties became available. That relatively small space is one reason Union beer is packaged and sold in cans. Canning machines are more compact, which leaves more room for giant brewing tanks. “It used to be that cheap beers came in cans,” Benesch says. Today’s brewers know the benefits of skip-ping glass bottles. Along with a smaller production footprint, cans keep oxygen in by keeping light out. Plus, they’re more environmentally friendly, and there’s additional room for eye-catching graphics.

In the land of craft brews, branding is serious work – and surprisingly uncomplicated. There are only four primary ingredients: malted barley, grain, hops and yeast. “You can get any flavor you want from four ingredients,” Benesch says. Grain, and sugar are the sole drivers of flavor and alcohol content.

What’s Brewing

Union started out with four tanks, and has expanded to 17, some of which are double the size of the original tanks. More will be added this month, and still more in February. The team is looking at moving to a new location in two years.

The staff has grown 10x, and now the brewery has 21 employees. “We’re working every day, three times per day, 18 hours a day,” Benesch says. “We’re trying to meet demand.”

Union is a central figure in Baltimore’s growing brewing community. Craft brewing “is different than any other industry that I’ve been in,” Benesch says. “In the end, we’re just making beer.” But there’s always room for more beer and collaboration between local breweries, he says.

Craft brews aren’t about solitary drinking, and the guys at Union love to throw good parties. The tasting room is open on Thursdays, Fridays and Saturdays, with tours on Saturdays. Several times a month, Union invites food trucks in for the laid-back happy hour.

The distinctive cans are also found in local restaurants and stores throughout the region.

“I love going out to restaurants that are supporting us,” Benesch says. “That doesn’t get old.”

Laura Laing is a Baltimore-based freelance writer.
Sweet Deal
Innovative Gourmet teams up with Baltimore’s Best Cupcakes — what a treat!

By Randi Rom

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

Maria Fleischmann, president and chief creative officer at Innovative Gourmet Catering, announced they’re now partnering with Baltimore’s Best Cupcakes.

Some of the tasty flavors offered by BBC owner Cortney Bluefield are chocolate top, rainbow cake, French toast, Key lime pie and — wait for it — Fisher’s Popcorn!

And they make “pupcakes” for your fur babies! Bark Miznah, anyone? Fartoost! If the name Bluefield sounds familiar, it’s because the family owned one of the top cater-

ARBA, and Heather Chung and sister Unni Kim’s casual Korean barbecue concept, BeBim and BRD, an artisanal fried chicken joint.

Langermann’s in Canton — home of Southern-inspired, low-country cuisine, and my choice for Baltimore’s best shrimp and grits (and a killer Chilcan sea bass) — launched their new fall menu and have added heated umbrellas to their newly expanded patio, so you can enjoy the crisp, autumnal weather whilst keeping your tootsies warm.

They’re also extending their way popular lobster night on Thursdays, so I’m a happy camper. (Langermanns.com)

Munchie alert: The times they are a changin’. What do you do if you get the munchies at 3 a.m.? Ya call Insomnia Cookies. Or rather, ya go online.

Lots ‘o different flavors, including gluten-free and veg-

Our House on Hull Street for ridicu-

OMG! — they have specials that will blow you away, including their new cauliflower crust pizza (gluten free btw) and garlic crabs. Go! (OurHouseBaltimore.com)

Randi Rom is the president of R J Rom & Associates, a marketing, branding, events and public relations firm specializing in the hos-

Paul Gees’s a franchise of the gourmet pizzeria in Brooklyn (N.Y.), people, not Bi-morley opened in the old Hampden Republican Club building. Their wood-fired, Ne-

The exec chef, Arim Isabel, has enjoyed stints at New York hot spots Cafeteria and Southern Hospitality, a Hell’s Kitchen staple co-owned by entertainer Justin Timberlake.

The GM, Jack Esby, was the longtime managing part-

Also, Krystal Mark, owner of PieCycle and Kar-

Also, Crystal Mark, owner of PieCycle and Kar-

Samos Greek Island Grill, the updated spinoff of Sa-

Steve’s Diner at Belvedere Square in the building that recently housed Spike Gjerde’s sho-fly. So, for all you diner guys (and gals), check out their updated diner fare for breakfast, lunch and dinner — seven days a week.

Now Open for Biz
The Starlite Diner opened at Belvedere Square in the building that recently housed Spike Gjerde’s ShoFly. So, for all you diner guys (and gals), check out their updated diner fare for breakfast, lunch and dinner — seven days a week.

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-

You can check out all the McHenry Row dining hot spots at McHenryRow.com. But if you’re going to Locust Point, you should def stop in at Our House on Hull Street for ridicu-
Squash Zucchini Soup

Status: pareve / Yield: serves 8-10

Plan

I like to roast my squash whole and scoop out the insides for this soup. If you aren’t a fan of squash or don’t have any in the house, replace it with sweet potato. It will have the same feel and a similar taste. Add a little chili powder to this soup for an extra kick.

1-2 tablespoons extra-virgin olive oil
1 large onion, diced
12 cups water or vegetable stock
4 cups cooked butternut squash purée
5 medium unpeeled zucchini cut into 1-inch pieces
salt and pepper to taste

Prepare

• In a large stockpot, heat oil over medium-high heat.
• Sauté onion in oil until tender.
• Add water and bring to a boil.
• Add squash and zucchini.
• Bring mixture to a boil, lower heat and simmer partially covered for 1 hour.
• Blend mixture with immersion blender.
• Add salt and pepper to taste.

Old-Fashioned Brisket

Status: meat / Yield: serves 8-10

Plan

This is an easy and delicious recipe. Sometimes less is more. This brisket can be marinated in the refrigerator in advance to save time.

1 teaspoon salt
1 teaspoon pepper
1 teaspoon garlic powder
¼ cup dried onion flakes
1 teaspoon paprika
1 4-5 lbs. brisket
3 tablespoons deli mustard
3 tablespoons old-fashioned mustard
¼ cup extra-virgin olive oil
3 onions, sliced

Prepare

• Preheat oven to 425°F.
• Combine salt, pepper, garlic powder, onion flakes and paprika in a small bowl.
• Rub spice mixture over brisket.
• Let brisket sit for 30-40 minutes at room temperature.
• In a small bowl, combine both mustards, oil and onions. Coat the brisket well.
• Bake for 25 minutes in a roasting pan, then reduce heat to 300°F and continue baking for another 3 hours or until brisket is thoroughly cooked.

Tasty Tidbits

Cookbook author Amy Stopnicki shows us how to make an amazing meal to impress your family and friends.

Cranberry Lemon Tart recipe on page 72

All recipes excerpted from "Kosher Taste" (Feldheim Publishers) by Amy Stopnicki
Photos by Michelle Manzoni
Sesame Green Beans
Status: pareve | Yield: serves 6-8

Plan
Green beans are a terrific vegetable to have stocked in your fridge. Take them out and they can be cooked and delicious in minutes. To save time, I buy the French green beans because they don’t need to be trimmed.

2 lbs. French green beans
1 teaspoon garlic powder
1 teaspoon sugar
1 teaspoon sesame oil
2 teaspoons canola oil
1-2 tablespoons soy sauce
2 tablespoons sesame seeds
2 tablespoons black sesame seeds
salt and pepper to taste

Prepare
- Boil green beans in medium stockpot until bright green in color, approximately 7 minutes.
- Combine remaining ingredients in a small jar or cruet.
- Pour dressing over green beans and toss.

Herb Smashed Potatoes
Status: pareve | Yield: serves 8-10

Plan
Potatoes are a pretty typical household ingredient. This recipe is a great way to serve potatoes in a different and pretty way. If you don’t have fresh herbs, use dried, the taste will be a little different but still delicious.

5 lbs. mini potatoes
¾ cup extra-virgin olive oil
5 cloves garlic, finely diced
1 market bunch fresh basil, cleaned and checked, chopped
2 tablespoons fresh rosemary, cleaned and checked, chopped
2 tablespoons fresh thyme, cleaned and checked, chopped
salt and pepper to taste

Prepare
- In a large stockpot, boil potatoes for 20 minutes or just until soft.
- Heat oven to 400°F.
- Lay potatoes approximately 1 inch apart on a large greased cookie sheet.
- With an egg masher or a similar flat surface, smash potatoes so they are flat.
- In a mixing bowl, combine oil, garlic, herbs, salt and pepper.
- Drizzle mixture over potatoes and bake for 10 minutes.
- Toss and bake for another 10 minutes or until potatoes are golden and crispy.

Cranberry Lemon Tart
(pictured on page 70)
Status: dairy or pareve | Yield: 1 tart, serves 8-10

Plan
This is one of the easiest tarts you will ever make. Although it is broken into two steps, it is still simple to follow. Tart crust can be made and frozen, fill and bake before serving. If you prefer a plain lemon tart, simply leave out the cranberries.

Dough
2 cups flour
½ cup icing sugar
1 cup softened butter or margarine

Filling
3 eggs
½ cup almond milk

Juice of 2 lemons
¾ cup sugar
2 cups frozen cranberries
raspberry coulis, for garnish
mint leaves, cleaned and checked, for garnish

Prepare
- Preheat oven to 350°F.
- In a mixing bowl, combine flour, icing sugar, and butter or margarine.
- Press mixture into an 11-inch tart pan.
- Poke a few holes in the dough with a fork and bake tart crust for 15-20 minutes or until set, but not golden.
- Combine eggs, almond milk, lemon juice and sugar until smooth.
- Pour mixture into cooled tart shell. Add frozen cranberries.
- Bake for 30-40 minutes or until mixture sets and crust is golden.
Righteous Rescues
By Deborah Stone

Rescue is a word used often when it comes to animals needing homes, but most people don’t really know where all those animals are rescued from. Rescued animals mostly come from animal shelters. For example, in our area there are the Baltimore Animal Rescue and Care Shelter in Baltimore City or the Baltimore County Animal Services in Baldwin, Md.

Shelters like BARCS and BCAS need rescue groups. That’s because, as open admission shelters, they must accept every animal that comes through the door, including strays brought in by citizens or animal control officers and animals surrendered by people who can’t take care of their pets any more.

Day after day, the animals keep coming in, and limited space and resources mean some pets must be euthanized. This is the tragic truth of animal overpopulation. Because there are never enough adopters, shelters rely on rescue groups that pull animals, place them either with foster families, or in boarding facilities and find them homes.

There are all kinds of rescue organizations. Some take only cats or dogs, or focus on a particular breed or smaller or larger size pets. Others pull primarily those animals that have been abused or neglected. Rescue operations are run by volunteers who correspond with shelters to identify animals to pull, pick up pets and transfer, foster, and take animals to veterinarians and off-site adoption events.

Many of these volunteers also hold full-time jobs. Anka Pevenstein, founder of Animal Allies Rescue Foundation, says it’s tough to juggle it all and the effect is “overwhelming. It feels like the faucet never turns off. It just keeps running and running and running.”

Many of the animals rescued have serious medical issues, requiring extensive veterinary care.

“Our veterinary bills run in the thousands of dollars every single month,” Pevenstein says. “It’s not uncommon to have a $10,000 veterinary bill just for one month.”

Where does the money come from? Mostly fundraising, but rescue groups also charge adoption fees to cover some of their costs.

So why do they do it? The answer is simple. These are people who love animals and want to be part of the overpopulation solution. Their hearts are broken by the way many pets are treated and discarded, and by the tragedy of unneeded euthanasia.

So they pull animals, market them on-line, raise money, provide veterinary care and find adopting homes. AARR is a very active rescue group in our area, pulling 1,000 animals from shelters in four years since it was founded. It has a strong group of foster “parents” among its volunteers. Kimberly Colwell is one of them.

“It’s a lot of work, but it’s a lot of satisfaction, too,” Kimberly Colwell says. “You see a dog go to a good home and the first thing on my mind is, ‘Now I can get another one.’ So you know there’s going to be another one saved. It’s a good feeling.”

Russell Ashton founded Adopt A Homeless Animal Rescue, another active local group. “I always say it’s the greatest joy and the greatest sorrow of my life,” she says. “It’s the greatest sorrow hearing what man does to these poor animals and it’s very hard hearing it constantly, reading it constantly. … But it’s the greatest joy when you’re able to get an animal out of harm’s way to safety and then into a loving home.”

For every animal a rescue pulls, it’s really saving two lives: the one that’s rescued and the one that comes into the shelter that now has an available cage, with a chance to find a forever home.

In recent years, Charm City’s critical role as the birthplace of the Ouija board— that classic parlor game and alleged divining tool enjoyed by generations of Americans— has been well-chronicled with a Baltimore Museum of Industry exhibition, the 2015 installation of a downtown historical marker and myriad articles. “It’s also the subject of the new film, “Ouija: Origin of Evil.” But few people know of its Jewish connection.

The story begins with the Jewish immigrants who came here from Germany in the 19th century.

One German Jewish immigrant, Lazarus Fuld, who arrived here from Hesse-Darmstadt in 1854 with his wife and children, was not a successful clothing magnate. At age 63, he still worked as a peddler.

But his grandson, William Fuld, would become known as “Father of the Ouija board,” an achievement to rival that of the Fuld’s clothing manufacturing business. Fuld added some patented improvements to Kennard’s spirit board, and gave it the “Ouija” name (reportedly after asking the board itself what it should be called).

In 1892, two investors wrested the company from its founder and renamed it the Ouija Novelties Co., and installed young William Fuld as manager.

Fuld added some patented improvements of his own, such as perfecting the needle that moved the planchette around the board. The Ouija had already proved popular, but under Fuld’s direction it became wildly successful.

Today, a historical plaque — in a 7-Eleven store — marks the spot where, according to legend, the term “Ouija” was coined in April of 1890 in what was then a boardinghouse. Fuld is buried in Anne Arundel County, Deborah R. Weiner is co-author of “On Middle Ground: A History of the Jews of Baltimore,” to be published by Johns Hopkins University Press. She served for many years as research historian at the Jewish Museum of Maryland.

Ouija board courtesy of Sturgis Antiques in Hampden. Photo by Molly Blosse

“Righteous Rescues” by Deborah Stone

Out of This World
Remembering the life and legacy of Ouija board innovator William Fuld.

By Deborah R. Weiner

In recent years, Charm City’s critical role as the birthplace of the Ouija board— that classic parlor game and alleged divining tool enjoyed by generations of Americans— has been well-chronicled with a Baltimore Museum of Industry exhibition, the 2015 installation of a downtown historical marker and myriad articles. “It’s also the subject of the new film, “Ouija: Origin of Evil.” But few people know of its Jewish connection.

The story begins with the Jewish immigrants who came here from Germany in the 19th century.

One German Jewish immigrant, Lazarus Fuld, who arrived here from Hesse-Darmstadt in 1854 with his wife and children, was not a successful clothing magnate. At age 63, he still worked as a peddler.

But his grandson, William Fuld, would become known as “Father of the Ouija board,” an achievement to rival that of the Fuld’s clothing manufacturing business. Fuld added some patented improvements to Kennard’s spirit board, and gave it the “Ouija” name (reportedly after asking the board itself what it should be called).

In 1892, two investors wrested the company from its founder and renamed it the Ouija Novelties Co., and installed young William Fuld as manager.

Fuld added some patented improvements of his own, such as perfecting the needle that moved the planchette around the board. The Ouija had already proved popular, but under Fuld’s direction it became wildly successful.

Today, a historical plaque — in a 7-Eleven store — marks the spot where, according to legend, the term “Ouija” was coined in April of 1890 in what was then a boardinghouse. Fuld is buried in Anne Arundel County, Deborah R. Weiner is co-author of “On Middle Ground: A History of the Jews of Baltimore,” to be published by Johns Hopkins University Press. She served for many years as research historian at the Jewish Museum of Maryland.
There’s something for everyone at Nemacolin Woodlands Resort.

By Carol Sorgen

A

n easy 3 ½-hour drive from Baltimore will put you at the AAA Five-Diamond rated Nemacolin Woodlands Resort in southwestern Pennsylvania. Whether you’re looking for a girlfriend’s spa getaway, a couples’ golf weekend or a family-friendly vacation spot, there’s something for everyone at Nemacolin Woodlands Resort. The resort recently completed a long list of bragging rights is the fact that the resort also has a spot at Nemacolin Woodlands!)

A highlight that sometimes doesn’t make it to that Friday. Guests interested in a more in-depth experience may enjoy the Curator’s Tour, which is available each Saturday at 3:30 p.m. at a charge of $50 per person and includes a glass of wine. And if you’d like to try your hand at creating your own work of art, Nemacolin offers a “Paint & Sip” program in its onsite art studio in which participants get an art lesson while enjoying wine or sparkling water (we chose the wine!). For the younger set, “My Little Masterpiece” is a family-friendly program that couples art class with a milk-and-cookie treat. Approximately a mile from the resort on Route 48 is the Lady Luck Casino Nemacolin with approximately 600 slot machines, 29 table games and a casual dining restaurant and lounge. If you can tear yourself away (which may indeed be difficult), the surrounding Laurel Highlands beckon, from Frank Lloyd Wright-designed signature homes Fallingwater and Kentuck Knob (which is celebrating its 60th anniversary this year and hosts public tours, including monthly special events and farm-to-table dinners).

The tiny town of Ohiopyle (just 12 minutes from Nemacolin) is surrounded by the 20,500-acre Ohiopyle State Park and is close to the endpoint of the Laurel Highlands Hiking Trail. Hike, raft or kayak along the Youghiogheny River with rapids that run from classes I to V. (There are numerous outfitters in town where you can rent equipment or sign up for an excursion.) After three days of sipping, painting, dining, spa-going, miniature golfing (on a course more beautiful than most adult golf courses), I was utterly relaxed — and sorry to leave. About the only thing Nemacolin doesn’t have is an ocean. But I promise, you won’t even miss it. For information, visit www.nemacolin.com and www.laurelhighlands.org.

Carol Sorgen is a Baltimore-based freelance writer.

For more private digs, you also can rent townhomes and luxury executive homes (and if you can’t bear to leave your pooch at home, there’s a spot at Nemacolin Woodlands).

If you’re the outdoorsy type, in addition to tennis and golf (both miniature and full-size), there’s a Shooting Academy; Wildlife Academy that features everything from animal safari tours to dog sledding; Adventure Center, complete with zip lines and climbing wall; and Jeep Off-Road Driving Academy. And don’t miss the antique car and airplane museum.

A highlight that sometimes doesn’t make it to that Friday. Guests interested in a more in-depth experience may enjoy the Curator’s Tour, which is available each Saturday at 3:30 p.m. at a charge of $50 per person and includes a glass of wine. And if you’d like to try your hand at creating your own work of art, Nemacolin offers a “Paint & Sip” program in its onsite art studio in which participants get an art lesson while enjoying wine or sparkling water (we chose the wine!). For the younger set, “My Little Masterpiece” is a family-friendly program that couples art class with a milk-and-cookie treat. Approximately a mile from the resort on Route 48 is the Lady Luck Casino Nemacolin with approximately 600 slot machines, 29 table games and a casual dining restaurant and lounge. If you can tear yourself away (which may indeed be difficult), the surrounding Laurel Highlands beckon, from Frank Lloyd Wright-designed signature homes Fallingwater and Kentuck Knob (which is celebrating its 60th anniversary this year and hosts public tours, including monthly special events and farm-to-table dinners).

The tiny town of Ohiopyle (just 12 minutes from Nemacolin) is surrounded by the 20,500-acre Ohiopyle State Park and is close to the endpoint of the Laurel Highlands Hiking Trail. Hike, raft or kayak along the Youghiogheny River with rapids that run from classes I to V. (There are numerous outfitters in town where you can rent equipment or sign up for an excursion.) After three days of sipping, painting, dining, spa-going, miniature golfing (on a course more beautiful than most adult golf courses), I was utterly relaxed — and sorry to leave. About the only thing Nemacolin doesn’t have is an ocean. But I promise, you won’t even miss it. For information, visit www.nemacolin.com and www.laurelhighlands.org.

Carol Sorgen is a Baltimore-based freelance writer.

Among the many points of interest at Nemacolin are the 50-foot freestanding climbing structure (opposite page), its miniature golf course, and The Lautrec restaurant. Photos courtesy of Nemacolin.

By Carol Sorgen

For more private digs, you also can rent townhomes and luxury executive homes (and if you can’t bear to leave your pooch at home, there’s a spot at Nemacolin Woodlands).

If you’re the outdoorsy type, in addition to tennis and golf (both miniature and full-size), there’s a Shooting Academy; Wildlife Academy that features everything from animal safari tours to dog sledding; Adventure Center, complete with zip lines and climbing wall; and Jeep Off-Road Driving Academy. And don’t miss the antique car and airplane museum.

A highlight that sometimes doesn’t make it to that Friday. Guests interested in a more in-depth experience may enjoy the Curator’s Tour, which is available each Saturday at 3:30 p.m. at a charge of $50 per person and includes a glass of wine. And if you’d like to try your hand at creating your own work of art, Nemacolin offers a “Paint & Sip” program in its onsite art studio in which participants get an art lesson while enjoying wine or sparkling water (we chose the wine!). For the younger set, “My Little Masterpiece” is a family-friendly program that couples art class with a milk-and-cookie treat. Approximately a mile from the resort on Route 48 is the Lady Luck Casino Nemacolin with approximately 600 slot machines, 29 table games and a casual dining restaurant and lounge. If you can tear yourself away (which may indeed be difficult), the surrounding Laurel Highlands beckon, from Frank Lloyd Wright-designed signature homes Fallingwater and Kentuck Knob (which is celebrating its 60th anniversary this year and hosts public tours, including monthly special events and farm-to-table dinners).

The tiny town of Ohiopyle (just 12 minutes from Nemacolin) is surrounded by the 20,500-acre Ohiopyle State Park and is close to the endpoint of the Laurel Highlands Hiking Trail. Hike, raft or kayak along the Youghiogheny River with rapids that run from classes I to V. (There are numerous outfitters in town where you can rent equipment or sign up for an excursion.) After three days of sipping, painting, dining, spa-going, miniature golfing (on a course more beautiful than most adult golf courses), I was utterly relaxed — and sorry to leave. About the only thing Nemacolin doesn’t have is an ocean. But I promise, you won’t even miss it. For information, visit www.nemacolin.com and www.laurelhighlands.org.

Carol Sorgen is a Baltimore-based freelance writer.

Among the many points of interest at Nemacolin are the 50-foot freestanding climbing structure (opposite page), its miniature golf course, and The Lautrec restaurant. Photos courtesy of Nemacolin.

By Carol Sorgen

For more private digs, you also can rent townhomes and luxury executive homes (and if you can’t bear to leave your pooch at home, there’s a spot at Nemacolin Woodlands).

If you’re the outdoorsy type, in addition to tennis and golf (both miniature and full-size), there’s a Shooting Academy; Wildlife Academy that features everything from animal safari tours to dog sledding; Adventure Center, complete with zip lines and climbing wall; and Jeep Off-Road Driving Academy. And don’t miss the antique car and airplane museum.

A highlight that sometimes doesn’t make it to that Friday. Guests interested in a more in-depth experience may enjoy the Curator’s Tour, which is available each Saturday at 3:30 p.m. at a charge of $50 per person and includes a glass of wine. And if you’d like to try your hand at creating your own work of art, Nemacolin offers a “Paint & Sip” program in its onsite art studio in which participants get an art lesson while enjoying wine or sparkling water (we chose the wine!). For the younger set, “My Little Masterpiece” is a family-friendly program that couples art class with a milk-and-cookie treat. Approximately a mile from the resort on Route 48 is the Lady Luck Casino Nemacolin with approximately 600 slot machines, 29 table games and a casual dining restaurant and lounge. If you can tear yourself away (which may indeed be difficult), the surrounding Laurel Highlands beckon, from Frank Lloyd Wright-designed signature homes Fallingwater and Kentuck Knob (which is celebrating its 60th anniversary this year and hosts public tours, including monthly special events and farm-to-table dinners).

The tiny town of Ohiopyle (just 12 minutes from Nemacolin) is surrounded by the 20,500-acre Ohiopyle State Park and is close to the endpoint of the Laurel Highlands Hiking Trail. Hike, raft or kayak along the Youghiogheny River with rapids that run from classes I to V. (There are numerous outfitters in town where you can rent equipment or sign up for an excursion.) After three days of sipping, painting, dining, spa-going, miniature golfing (on a course more beautiful than most adult golf courses), I was utterly relaxed — and sorry to leave. About the only thing Nemacolin doesn’t have is an ocean. But I promise, you won’t even miss it. For information, visit www.nemacolin.com and www.laurelhighlands.org.

Carol Sorgen is a Baltimore-based freelance writer.

Among the many points of interest at Nemacolin are the 50-foot freestanding climbing structure (opposite page), its miniature golf course, and The Lautrec restaurant. Photos courtesy of Nemacolin.
Music Is My Source

Catching up with Cris Jacobs, formerly of The Bridge

Musically speaking, Cris Jacobs is hard to pigeonhole. Throughout his decade with his band The Bridge and now as a solo artist, Jacobs has covered several different genres, including funk, soul, blues and Americana.

Jacobs recently caught up with Jacobs to discuss his upcoming record, “Dust to Gold,” his perspective on the music industry and how faith impacts his work.

“Dust to Gold” is your second solo album. What was the process making this record?

It’s always weird to release just one song because I think they all fit together, and it can give people a wrong picture of the whole record. That particular song has that feel except to have fun. I still play with them all in different settings. When you’re in a band with someone for 10 years, it’s a connection that runs deeper than any connection you make in your life. We’re fortunate that people in Baltimore appreciate us. As far as getting back together, you’d have to ask the other guys, but I’ll never say never.

What’s your take on today’s music industry?

We used to feel pressure because record companies have all the power to fit you into their mold. Now, with the accessibility an independent artist can have for free with the internet, it’s a wide-open game. Artists are now much more self-sufficient and starting their own labels. The power has shifted, and it’s liberating.

When did you realize that you wanted to pursue music?

It was around when I was 15. I remember playing alone in my room to [Eric] Clapton’s records. I went to college and it stayed in the back of my mind.

Describe Baltimore’s contemporary music scene.

It’s great! People are so appreciative of live music in this city. There are a lot of really talented people in this city. Baltimore can hang with some of the bigger and well-known music cities.

Baltimore means a lot to me. There’s such a strong sense of roots here, which I don’t see in many other places. It has heart and character. As far as how the city has supported me, it’s been the biggest support system starting from The Bridge to my own thing. I’ve thought about moving away but at the same time, I feel honest and humble here.

Does your spirituality affect your music?

I wouldn’t call myself a super observant or a devout Jew. However, growing up Jewish, a lot of those values resonate with me. I was raised on that, and it formed me as a person.

Music is my source of prayer, and it really connects me to the closest thing I’ll experience to God.

Cris Jacobs’ album “Dust to Gold” will be released Oct. 21 on American Showplace Records. You can pre-order the album on his website, crisjacobs.com. The Cris Jacobs Band will perform Nov. 5 at 8 p.m. at the Gordon Center for Performing Arts, 3506 Gwynnsboro Ave. in Owings Mills, with Amy Helm & the Handsome Strangers. For information, call 410-356-7489 or visit gordoncenter.com.

Brett Kurpjt is a Baltimore-based freelance writer.
An Incredible Gift
Beth Am’s spiritual leader has created a dual role for himself as the community’s ‘urban rabbi’

By Carol Sorgen

Rabbi Daniel Cotzin Burg performs for youngsters at Beth Am. Courtesy photo

About 700 miles separate Baltimore and Chicago, but the two cities share similar sensibilities, says Rabbi Daniel Cotzin Burg.

“The things I love about Baltimore are largely similar to what I love about Chicago,” says Rabbi Burg, a Chicago native who serves as spiritual leader of Beth Am Synagogue in Reservoir Hill. “They both have diverse urban centers, and both have a warmth to the people who live in them.”

Because Baltimore is smaller than the Windy City, Rabbi Burg — who brands himself “the urban rabbi” with his blog of the same name (urbanrabbi.org) — believes it’s “the urban rabbi” with his blog of the same name (urbanrabbi.org) — believes it’s a laboratory for progress.

Soul Searchers
Beth Am has witnessed great progress under Rabbi Burg’s leadership. The congregation, founded in 1974 in the former home of Chizuk Amuno at 2501 Eutaw Place, has grown in size to nearly 500 households, approximately half of whom reside in the city.

What first impressed Rabbi Burg about Beth Am was its commitment to “soul-searching.” Similarly, he views the rabbinate as a platform for organizational growth, not only of the congregation but of the neighboring community.

“There are particular needs of this dynamic, diverse, but primarily minority neighborhood,” he says. “While the congregation has always been community-minded, as one congregant put it, it was time for the synagogue to realize ‘this isn’t a project, it’s our neighborhood.’”

In 2011, Rabbi Burg challenged the congregation to consider whether it could be not only in and for Reservoir Hill but for and of Reservoir Hill. During the next two years, members of a congregational task force met with urban policy professionals, community organizers, neighbors and activists to discuss the neighborhood. They formed a new non-profit, In, For and Of the UMBC Shriver Center’s Peaceworker Program to strengthen connections to neighbors and neighborhood partners and provide staff support for initiatives.

“One of the hallmarks of Rabbi Burg’s spiritual leadership is social justice,” says Lisa Akchin, Beth Am’s first vice president. “He is a clear and challenging voice on the issues of race and inequality confronting Baltimore and America today. And he walks his talk, from making his family’s home in Reservoir Hill to gathering a minyan for prayer in Sandtown during the unrest to building effective relationships with clergy of other faiths.”

Like Reservoir Hill, Beth Am is a place of diversity, with Jews of color, interfaith couples, gays and lesbians, and converts.

“Rabbi Burg’s sermons are so thoughtful and engaging, and he is incredibly gifted at combining faithfulness to Jewish tradition with a progressive worldview.”

Adds Eddy: “As a non-Jew, I felt completely welcome. The first time we came for services, there was no such thing as hiding in the back. We were welcomed by Rabbi Burg as he walked around and chatted everyone up. We were even asked to do a reading!”

Rabbi Burg says he loves working within the community, welcoming new members, helping preserve the ideals of Beth Am, and continuing the existence of a synagogue in a once predominantly Jewish neighborhood.

“As excited as the last six years have been, I’m even more excited for the future,” he says. “I get to do this spiritual, joyful work every day. To get out of bed, walk across the street, and serve God and the Jewish people is an incredible gift.”

Eliyah, home in Reservoir Hill since moving here in 2010.

The Burgs, with their two children, Elyah, 11, and Shamin, 8, have made their home in Reservoir Hill since moving here. We had zero experience with Baltimore,” Rabbi Burg recalls, “but we fell in love with both Beth Am and the city.”

Living in Baltimore is not without its challenges, he says. “Because of its Southern sensibilities, coupled with its history of segregation and the convulsions of the past few years, we do have more pointed challenges of racism and anti-Semitism than many other cities,” Rabbi Burg says. But he adds that those challenges also make Baltimore a “great laboratory” for progress.

Among the group’s current projects are recruiting volunteers to participate in neighborhood activities; raising funds to support community-based initiatives, including grants to develop cross-cultural educational and artistic programs; securing funding to upgrade facilities at Beth Am as a location for community events; and employing a community organizer through the UMBC Shriver Center’s Peaceworker Program to strengthen connections to neighbors and neighborhood partners and provide staff support for initiatives.

“We had been to services a few times over the past year and just fell in love with the warmth of the congregation and its positive interaction with the community around it, its orientation toward social justice, child-friendliness, inclusiveness and diversity, spirited services with lots of congregant participation, and of course the incredible leadership of Rabbi Burg,” says Weber.

“Rabbi Burg’s spiritual leadership is social justice,” says Lisa Akchin, Beth Am’s first vice president. “He is a clear and challenging voice on the issues of race and inequality confronting Baltimore and America today.”

“The things I love about Baltimore are largely similar to what I love about Chicago,” says Rabbi Burg, a Chicago native who serves as spiritual leader of Beth Am Synagogue in Reservoir Hill. “They both have diverse urban centers, and both have a warmth to the people who live in them.”

Because Baltimore is smaller than the Windy City, Rabbi Burg — who brands himself “the urban rabbi” with his blog of the same name (urbanrabbi.org) — believes it’s a laboratory for progress.

Soul Searchers
Beth Am has witnessed great progress under Rabbi Burg’s leadership. The congregation, founded in 1974 in the former home of Chizuk Amuno at 2501 Eutaw Place, has grown in size to nearly 500 households, approximately half of whom reside in the city.

What first impressed Rabbi Burg about Beth Am was its commitment to “soul-searching.” Similarly, he views the rabbinate as a platform for organizational growth, not only of the congregation but of the neighboring community.

“There are particular needs of this dynamic, diverse, but primarily minority neighborhood,” he says. “While the congregation has always been community-minded, as one congregant put it, it was time for the synagogue to realize ‘this isn’t a project, it’s our neighborhood’.”

In 2011, Rabbi Burg challenged the congregation to consider whether it could be not only in and for Reservoir Hill but for and of Reservoir Hill. During the next two years, members of a congregational task force met with urban policy professionals, community organizers, neighbors and activists to discuss the neighborhood. They formed a new non-profit, In, For and Of the UMBC Shriver Center’s Peaceworker Program to strengthen connections to neighbors and neighborhood partners and provide staff support for initiatives.

“One of the hallmarks of Rabbi Burg’s spiritual leadership is social justice,” says Lisa Akchin, Beth Am’s first vice president. “He is a clear and challenging voice on the issues of race and inequality confronting Baltimore and America today.”

“We had been to services a few times over the past year and just fell in love with the warmth of the congregation and its positive interaction with the community around it, its orientation toward social justice, child-friendliness, inclusiveness and diversity, spirited services with lots of congregant participation, and of course the incredible leadership of Rabbi Burg,” says Weber.

“Rabbi Burg’s sermons are so thoughtful and engaging, and he is incredibly gifted at combining faithfulness to Jewish tradition with a progressive worldview.”

Adds Eddy: “As a non-Jew, I felt completely welcome. The first time we came for services, there was no such thing as hiding in the back. We were welcomed by Rabbi Burg as he walked around and chatted everyone up. We were even asked to do a reading!”

Rabbi Burg says he loves working within the community, welcoming new members, helping preserve the ideals of Beth Am, and continuing the existence of a synagogue in a once predominantly Jewish neighborhood.

“As excited as the last six years have been, I’m even more excited for the future,” he says. “I get to do this spiritual, joyful work every day. To get out of bed, walk across the street, and serve God and the Jewish people is an incredible gift.”
Alvy Singer to his friend Rob:
“...you know, I was having lunch with some guys from NBC, so I said, ‘Did you eat yet or what?’ And Tom Christie said, ‘No, JEW? Not “Did you?” JEW eat? JEW?” – From the Woody Allen film “Annie Hall”

Although Woody Allen has yet to make a movie in Israel, as a pop culture icon he’s about as Jewish as they get. And for many of our tribe, that’s just about as “Jewy” as they get.

Several years ago, in a class taught by an Orthodox rabbi, I asked, “What does being Jewish mean to you?” He quickly turned to the whiteboard and wrote “God, Torah & Israel.”

I thought to myself, “Well, OK, but for a lot of us, being Jewish means something else.”

When I’ve raised these questions to my Jewish compatriots, they frequently tell me they’re culturally Jewish. I interpret that to mean they have a sense of being Jewish (anything and everything from eating bagels to watching “Seinfeld”) but don’t particularly ascribe to any rules laid down by my Orthodox rabbi friend or most any other rabbi for that matter.

That’s not to say they are bad people or do anything morally wrong. But is it Jewish? Indeed, they have a strong sense of social justice, a belief in tikkan olam (repairing the world) but may or may not feel connected to our community or a synagogue.

The writer Liel Leibovitz raised a similar point in the online magazine Tablet: “It’s time we ended this farce. Those of us who find little use for Judaism except as a stage on which to perform the pageantry of progressivism should kindly take a bow and leave for other precincts that better suit their interests.”

Religion vs. Culture
By Abe Novick

His strident reaction stems from a strong emphasis many Jews place solely on ideological and social sentiments, and not religion. Likewise, many of these same good folks, driven to tikkan olam, may not fit into the fabric of a Jewish community but definitely consider themselves cultural Jews.

Synagogues and Jewish organizations also struggle with the same dilemma of how to open up the tent wide enough to let Jews of all philosophical varieties in without diluting the tenets of Judaism.

Perhaps each type of Jew should take a walk in the other one’s shoes. Those inside the shul should go outside where it’s hard to compete with a popular culture that presents being Jewish in the guise of Howard on “The Big Bang Theory” or in movies like “The Pickle Recipe,” a very cute new movie that hits the funny bone but also reaffirms our cultural Jews’ discomfort with anything smacking of religion.

And to my purely cultural Jewish friends, synagogues have changed a lot since you were in Hebrew school. They’ve opened up and emphasize many of those same values you hold dear, from social action and cultural life to culinary cooking.

Moreover, there’s more cultural Jewishness out there in the world than ever before, largely because there are so many more mediums to consume it and outlet for producers to make it. It’s like a Zabar’s of entertaining delectables, and you get to nosh it all down without even leaving your living room.

Indeed, Mr. Allen recently created and is starring in a six-episode miniseries on Amazon about a suburban Jewish-American family in the 1960s called “Crisis in Six Scenes.”

Jewish-American culture is something to be celebrated and welcomed, and while it may mainly reside in the social hall of your shul, the doorway into the sanctuary needs to be wide open.


He can be reached at abe@abebuzz.com.
3 WAYS TO GET YOUR TURKEY ON

Casually Elegant in
GLYNDON
Specialty & Traditional
American Cuisine
4844 Butler Road, Glyndon
443-881-4183

Premier Dining in
HUNT VALLEY
Hunt Valley Towne Center –
Next to Regal Cinemas
410-527-0999
barrettsgrill.com

Innovative Catering
ANYWHERE
From the creators of
Glyndon Grill
& Barrett’s Grill
Off-Premises Catering
Serving Baltimore County
Call Morgan Barrett about
your next function
410-352-4120
morgan@acecateringandevents.com

THANKSGIVING DAY FEAST –
TURKEY PLATTER Oven-Roasted Turkey with Gravy,
Pan Stuffing, Whole Cranberry Sauce, Green Bean Casserole,
Mashed Potatoes, Browned Butter Corn, Slice of Pumpkin Pie
$35
$20
Children

— Holiday Menu Available Noon – 8 PM / Reservations Recommended —

SCHEDULE YOUR HOLIDAY PARTY TODAY
WITH BALTIMORE COUNTY’S FINEST FAMILY OF DINING CHOICE – PRIVATE ROOMS AVAILABLE